

A G E N D A

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METRO

Agenda

MEETING: METRO COUNCIL WORK SESSION MEETING
DATE: August 16, 2005
DAY: Tuesday
TIME: 2:00 PM
PLACE: Metro Council Chamber

CALL TO ORDER AND ROLL CALL

- | | | | |
|----------------|-----------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------|
| 2:00 PM | 1. | DISCUSSION OF AGENDA FOR COUNCIL
REGULAR MEETING, AUGUST 18, 2005/
ADMINISTRATIVE/CHIEF OPERATING OFFICER
AND CITIZEN COMMUNICATIONS | |
| | | • RFP FOR FINANCIALLY CONSTRAINED RTP | Kloster |
| 2:20 PM | 2. | REGIONAL CONSERVATION PLAN | Vecchio |
| 2:50 PM | 3. | FIVE-YEAR WELLNESS PROGRAM PLAN | Gilbreth |
| 3:15 PM | 4. | BREAK | |
| 3:20 PM | 5. | EXECUTIVE SESSION HELD PURSUANT TO ORS
192.660(1)(i) AUTHORIZED TO REVIEW AND
EVALUATE THE EMPLOYMENT RELATED
PERFORMANCE OF THE CHIEF OPERATING
OFFICER | |
| 4:20 PM | 6. | COUNCIL BRIEFINGS/COMMUNICATION | |

ADJOURN

RFP FOR FINANCIALLY CONSTRAINED REGIONAL TRANSPORTATION PLAN (RTP)

Metro Council Work Session
Tuesday, August 16, 2005
Metro Council Chamber

METRO COUNCIL

Work Session Worksheet

Presentation Date: August 16, 2005

Time: 2:00 Length: 20 minutes

Presentation Title: Regional Transportation Plan (RTP) Update - Proposal for Expanded Outreach

Department: Planning

Presenters: Andy Cotugno, Tom Kloster

ISSUE & BACKGROUND

The proposed expansion of the 2005-08 Regional Transportation Plan (RTP) update would address the disconnect between transportation funding constraints, future system needs and the longstanding fiscal shortfall that results. This effort would set the ground rules for the RTP update by establishing how much citizens are willing to pay for transportation services and infrastructure in the Metro region.

Metro would use the expanded outreach to create an RTP that delivers the outcomes that matter most to citizens, along with indicators to measure progress. The expanded outreach would involve public opinion surveys, focus groups, town hall meetings, civic journalism and other public outreach strategies designed to provide a very broad sampling of public priorities. The expanded effort would result in an updated RTP "financially constrained" system by the federally-mandated deadline of March 2008.

OPTIONS AVAILABLE

This resolution would authorize the use of consultant services in scoping and executing the expanded RTP outreach effort. A detailed work program and deliverables would be developed as part of a scoping phase during the first six months of FY 2005-06. Metro would work with the scoping phase contractor to develop a detailed work program and budget for the expanded outreach. The proposed RFP also authorizes the second phase of the contract. The second phase would be the implementation of the scope of work developed in the first phase. The major tasks to be completed include:

- ❖ *Updated 2030 Revenue Forecast:* this component would be largely completed by Metro staff, except for coordination with consultants for public outreach purposes. This task involves an evaluation of transportation revenue streams and trends and analysis of whether the trends are short or long term. The forecast establishes the budget for the RTP "financially constrained" system.
- ❖ *Establishing Public Expectations:* this task would be largely completed by consultants, and involves a series of survey and public outreach techniques needed to identify public transportation priorities and willingness to pay. The results of this exercise become the basis for the Council and JPACT to develop an updated RTP. An

RTP advisory panel of citizens and business representatives may help facilitate this effort. This component matches public expectation with revenue forecast projections.

- ❖ *Setting Transportation Priorities:* the consultant would work with the Council and JPACT to evaluate public priorities and spending constraints, and develop transportation spending allocations for the RTP. This task would involve workshops with individual consultation with Council and JPACT members and represents the most difficult step in the expanded RTP update. An RTP advisory panel of citizens and business representatives would likely help complete this task. Metro would employ a similar process to that used in the Transportation Priorities process for allocating federal funds in developing the RTP “financially constrained” system.

Stakeholders in the expanded outreach will include the 25 cities, three counties, five transit districts and port district that service the Metro region; citizen and business advocacy groups; and state and federal regulatory officials. An RTP advisory panel of citizen and business representatives will likely be appointed to help guide the expanded update activities, in accordance with recommendations from the scoping exercise.

The purpose of the expanded update is to complete a large-scale public outreach effort that includes scientific surveys, focus groups and use of a advisory panel to help JPACT and the Council complete the tasks outlined above. A second round of extensive public involvement would occur during the final adoption phase.

IMPLICATIONS AND SUGGESTIONS

The most challenging component of the update will be the front-end exercise of scaling the plan to meet realistic revenue projections for the plan period. This may be controversial with local jurisdictions who have generated many of the “wish list” projects in the 2000 RTP, despite the reality that much of the wish list continues to be unfunded under current revenue forecasts.

QUESTION(S) PRESENTED FOR CONSIDERATION

1. Should the expanded RTP outreach be included in this update? Can this effort be completed in the required timeframe for completing the update (March 2008)?
2. Can the expanded outreach be effectively coordinated with the 2040 Revisited efforts?
3. Can the expanded outreach be effectively coordinated with upcoming legislative and regional transportation revenue efforts?

LEGISLATION WOULD BE REQUIRED FOR COUNCIL ACTION X Yes No
DRAFT IS ATTACHED X Yes No

SCHEDULE FOR WORK SESSION

Department Director/Head Approval _____
Chief Operating Officer Approval _____



Agenda Item Number 2.0

REGIONAL CONSERVATION PLAN

Metro Council Work Session
Tuesday, August 16, 2005
Metro Council Chamber

METRO COUNCIL

Work Session Worksheet

Presentation Date: August 16, 2005 Time: 2:45 p.m. Length: 30 minutes

Presentation Title: Regional Conservation Plan

Department: Zoo

Presenters: Tony Vecchio

ISSUE & BACKGROUND

In order to increase the effectiveness of our regional conservation efforts AZA zoos, aquariums, and wildlife parks in the Northwest have joined to form a consortium.

OPTIONS AVAILABLE

Our very limited conservation resources are already spread thin. A focus on local efforts weakens our international efforts. Options: continue spreading resources or focus on just one area.

IMPLICATIONS AND SUGGESTIONS

The consortium envisions a regional conservation plan for the Northwest and greatly increased efforts at inspiring/motivating our visitors to get involved. Opportunities for other Metro departments to get involved seem obvious.

QUESTION(S) PRESENTED FOR CONSIDERATION

Are there concerns (political and financial) with Oregon Zoo participating (in a leadership role) with a consortium whose members are all outside the Metro region?
At what level should our involvement be?

LEGISLATION WOULD BE REQUIRED FOR COUNCIL ACTION __ Yes XNo
DRAFT IS ATTACHED __ Yes __ No

FIVE-YEAR WELLNESS PROGRAM PLAN

Metro Council Work Session
Tuesday, August 16, 2005
Metro Council Chamber

METRO COUNCIL

Work Session Worksheet

Presentation Date: 8/16/05 Time: 2:50 Length: 25 minutes
Presentation Title: 5-Year Wellness Plan
Department: Human Resources
Presenters: Kerry Gilbreth

ISSUE & BACKGROUND

The purpose of this presentation is to brief the Council on HR's 5-Year Wellness Plan. Metro currently has an 11 member Wellness Committee comprised of representatives from many different departments throughout the Agency. We would like to present to Council what the Wellness Committee is currently doing to promote healthy life styles among Metro employees and what our plans are for the future.

OPTIONS AVAILABLE

N/A

IMPLICATIONS AND SUGGESTIONS

N/A

QUESTION(S) PRESENTED FOR CONSIDERATION

N/A

LEGISLATION WOULD BE REQUIRED FOR COUNCIL ACTION __ Yes No
DRAFT IS ATTACHED Yes ___ No

SCHEDULE FOR WORK SESSION

Department Director/Head Approval *Ruth Brown*
Chief Operating Officer Approval _____

5 Year Wellness Plan

1. What are we currently doing?

Social Messaging

- o Wellness committee

Members- The wellness committee has 11 members from many different departments throughout the agency. Each of the committee members is responsible for spreading the wellness message in their department. The members include:

Ted Drayton, OCC	Cheryl Hart, OCC
Jenny Kirk, Regional Center	Megan Hutton, South Hazardous Waste
Kerry Gilbreth, Regional Center	Andrea Gratreak, PCPA
David Horowitz, Regional Center	Dan McNeeley, EXPO
Pat Kaczmarek, Oregon Zoo	William Eadie, Parks
Don Stephens, South Transfer Station	

- o Current programs

- ✓ 2005 Focus on Fitness
- ✓ Health Risk Assessment (HRA)
- ✓ 24 Hour Fitness
- ✓ Pedometer Program
- ✓ Walking group
- ✓ Yoga
- ✓ Chair Massage
- ✓ Annual cholesterol, glucose and triglycerides screening
- ✓ Subsidize the "healthier" snacks in the vending machine
- ✓ AED – Automated External Defibrillator

2. What's next?

- o Incentive for HRA.
- o Develop a Wellness strategic Plan – Research what other organizations in the area are doing.
- o Initiate a Senior-Level executive wellness program.
- o Make obesity and physical activity the central focus.
- o Increase your level of investment in wellness.
- o Link our health promotion initiative to participation in the benefits plans.
- o Continue to support evidence-based health care.

METRO
2005 Focus on Fitness
Entry Form



METRO

Complete the following form to enter the 2005 Focus on Fitness challenge. Employees who submit an entry are eligible for selection for our monthly employee fitness feature. Your plan, along with other entries will be featured on the intranet, and you will be eligible to win a \$100 gift certificate to Lloyd Center Mall.*

Name

Fitness past

How did you decide on a fitness plan or activity?

How long have you been involved in the activity?

Fitness now

What is your current fitness plan or activity?

What benefits have you experienced from this activity?

Lessons learned – has the activity had any unexpected results?

Suggestions for novices – what advice could you give other employees who may be interested in becoming involved in this activity?

Do you have any photos or articles featuring your involvement in your activity that you can share if you are selected for our monthly employee feature?

Yes

No

* Gift Certificate is subject to payroll tax

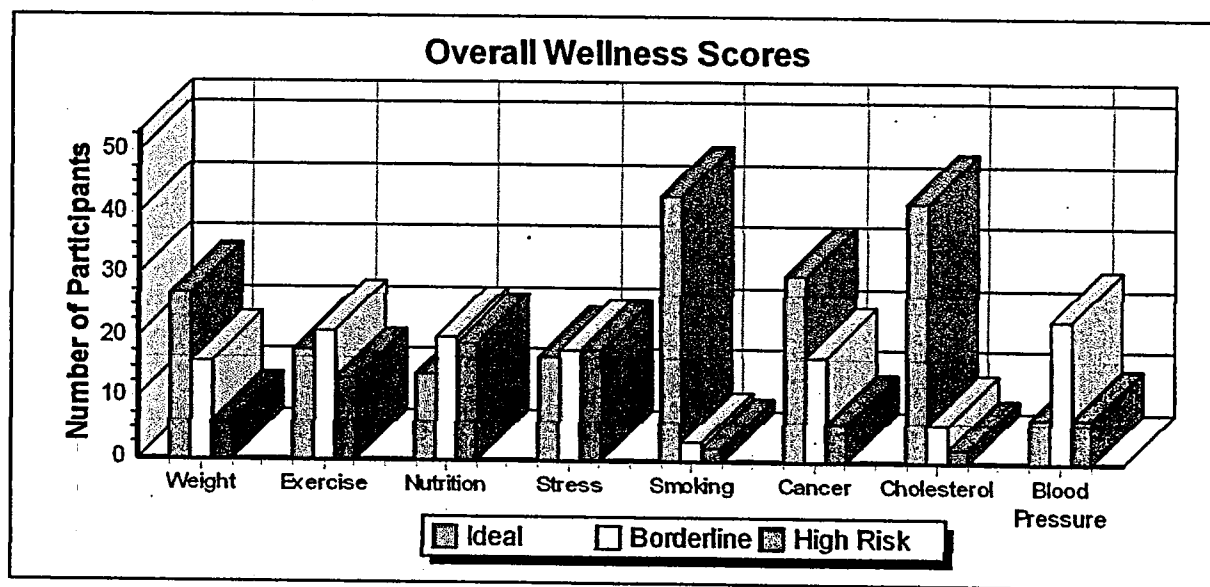
Executive Summary for Metro

6/7/2005

The Health Risk Assessment was administered for Metro from June 7, 2005 through June 7, 2005. In this period, 26% of the eligible members participated based upon 200 members in the eligible population and 53 actual participants. The average overall wellness score was 72. This score is an indicator of wellness that takes into account all behaviors surveyed in the assessment. A score below 80 indicates an elevated likelihood that individuals will develop certain medical conditions.

Due to missing/invalid gender or age answers, 0 participants were excluded from this report.

Overall Wellness



Risk Areas

The top four risk areas for Metro in terms of prevalence are as follows:

Risk Area	Number	Percentage
Nutrition	19	35.8
Stress	18	34.0
Exercise	13	24.5
Blood Pressure	7	13.2

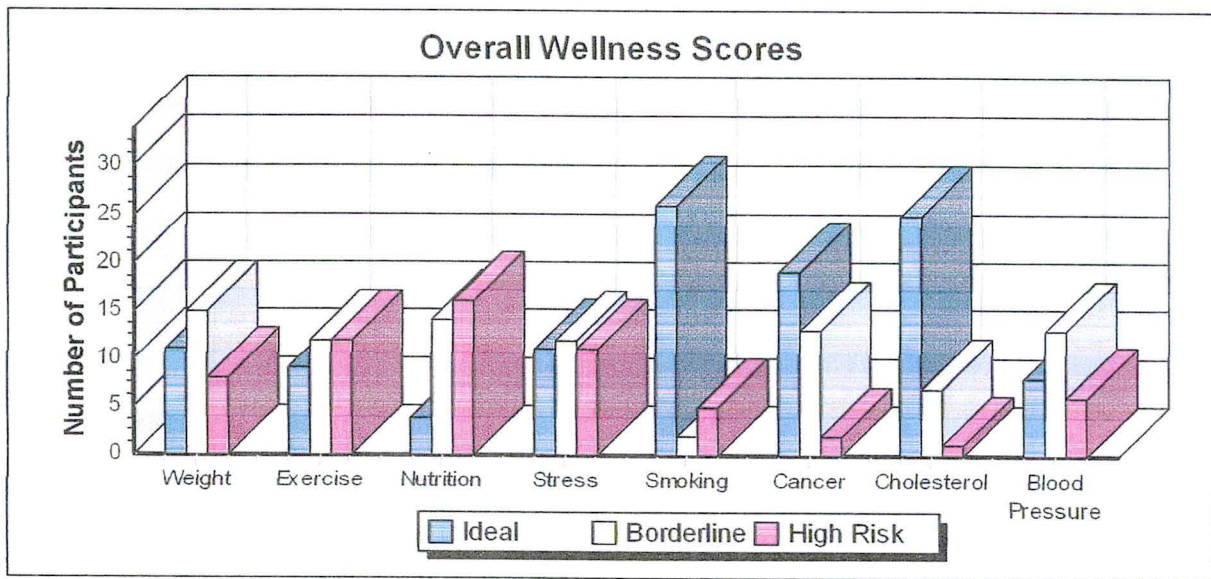
Executive Summary for Oregon Zoo

6/16/2005

The Health Risk Assessment was administered for Oregon Zoo from June 9, 2005 through June 10, 2005. In this period, 19% of the eligible members participated based upon 180 members in the eligible population and 34 actual participants. The average overall wellness score was 69. This score is an indicator of wellness that takes into account all behaviors surveyed in the assessment. A score below 80 indicates an elevated likelihood that individuals will develop certain medical conditions.

Due to missing/invalid gender or age answers, 0 participants were excluded from this report.

Overall Wellness



Risk Areas

The top four risk areas for Oregon Zoo in terms of prevalence are as follows:

Risk Area	Number	Percentage
Nutrition	16	47.1
Exercise	12	35.3
Stress	11	32.4
Weight	8	23.5

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Agenda

MEETING: METRO COUNCIL REGULAR MEETING
DATE: August 18, 2005
DAY: Thursday
TIME: 2:00 PM
PLACE: Metro Council Chamber

CALL TO ORDER AND ROLL CALL

1. INTRODUCTIONS

2. CITIZEN COMMUNICATIONS

3. MEASURE 37 TASK FORCE REPORT Hammerstad

4. ELIMINATE OR REVISE THE REGIONAL SYSTEM FEE CREDIT PROGRAM Dow

5. CONSENT AGENDA

5.1 Consideration of Minutes for the August 11, 2005 Metro Council Regular Meeting.

5.2 **Resolution No. 05-3608**, Authorizing Execution of a Contract for Litter Collection at Metro Central Station.

5.3 **Resolution No. 05-3609**, Considering an Amendment to Metro Contract No. 925846, For Personal Services for Providing Ortho-Rectified Imagery.

6. ORDINANCES – FIRST READING

6.1 **Ordinance No. 05-1090**, For the Purpose of Amending the FY 2005-06 Budget and Appropriations Schedule for Reorganization of the Council Staff, adding one Administrative Assistant FTE, providing for building needs, and Declaring an Emergency.

7. ORDINANCES – SECOND READING

7.1 **Ordinance No. 05-1086**, For the Purpose of Amending the Regional Framework Plan in order to Bring it up to Date and Make it More usable by Citizens of the Region. Liberty

7.2 **Ordinance No. 05-1088**, Amending Metro Code 02.02.050 Charitable Solicitations Burkholder

8. RESOLUTIONS

8.1 **Resolution No. 05-3599**, For the purpose of Approving the Air Quality Conformity Determination for the 2006-09 Metropolitan Transportation Improvement Program and the I-205/Airport Way Interchange Improvement Project. Burkholder

8.2 **Resolution No. 05-3604**, For the Purpose of Amending the Regional Transportation Plan to include the I-205 Northbound on-ramp/Airport Way Interchange Improvement. Burkholder

8.3 **Resolution No. 05-3606**, For the Purpose of Approving the 2006-2009 Metropolitan Transportation Improvement Program for the Portland Metropolitan Area. Burkholder

9. CONTRACT REVIEW BOARD

9.1 **Resolution No. 05-3610**, For the Purpose of Issuing a Request for Proposals To Develop a Work Scope for an Expanded Public Outreach for the 2005-2008 Regional Transportation Plan Update. Burkholder

10. CHIEF OPERATING OFFICER COMMUNICATION

11. COUNCILOR COMMUNICATION

ADJOURN

Television schedule for August 18, 2005 Metro Council meeting

Clackamas, Multnomah and Washington counties, and Vancouver, Wash. Channel 11 -- Community Access Network www.yourtv.org -- (503) 629-8534 2 p.m. Thursday, August 18 (live)	Washington County Channel 30 -- TVC-TV www.tvctv.org -- (503) 629-8534 11 p.m. Saturday, August 20 11 p.m. Sunday, August 21 6 a.m. Tuesday, August 23 4 p.m. Wednesday, August 24
Oregon City, Gladstone Channel 28 -- Willamette Falls Television www.wftvaccess.com -- (503) 650-0275 Call or visit website for program times.	West Linn Channel 30 -- Willamette Falls Television www.wftvaccess.com -- (503) 650-0275 Call or visit website for program times.
Portland Channel 30 (CityNet 30) -- Portland Community Media www.pcmv.org -- (503) 288-1515 8:30 p.m. Sunday, August 21 2 p.m. Monday, August 22	

PLEASE NOTE: Show times are tentative and in some cases the entire meeting may not be shown due to length. Call or check your community access station web site to confirm program times.

Agenda items may not be considered in the exact order. For questions about the agenda, call Clerk of the Council, Chris Billington, (503) 797-1542. Public hearings are held on all ordinances second read and on resolutions upon request of the public. Documents for the record must be submitted to the Clerk of the Council to be considered included in the decision record. Documents can be submitted by e-mail, fax or mail or in person to the Clerk of the Council. For additional information about testifying before the Metro Council please go to the Metro website www.metro-region.org and click on public comment opportunities. For assistance per the American Disabilities Act (ADA), dial TDD 797-1804 or 797-1540 (Council Office).

**METRO COUNCIL WILL BE ON RECESS FROM AUGUST 19, 2005 THROUGH
SEPTEMBER 5, 2005**

Councilor Robert Liberty


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METRO

DATE: August 15, 2005

TO: Councilors

FROM: Robert Liberty 

RE: **RFP for Financially Constrained Regional Transportation Plan**

COPY: Tom Kloster, Andy Cotugno, Michael Jordan, Richard Brandman, Robin McArthur

I regret that a conflicting (but enjoyable) project from my other job means I will miss our work session on Tuesday, August 16, 2005.

This memo expresses my thoughts on the proposed request for proposals for consultants to assist with updating the Regional Transportation Plan (RTP) described in Tom Kloster's memo to the Council dated August 16, 2005.

The objective of the work to be done in response to the RFP is one with which I agree; to provide realistic revenue forecasts and provide important information from and to the taxpaying public as the basis for revising the RTP to reflect the realities of the actual income being provided for these projects by taxpayers.

Mr. Kloster's memo notes, that one issue is whether "the expanded outreach [can] be effectively coordinated with the 2040 Revisited efforts."

The larger issue is not just an integrated approach to public involvement, but whether it makes sense to issue this RFP for the RTP now before we have decided how we are going to approach the combined set of issues (the "whole ball of wax") that make up a renewed effort to implement the 2040 growth concept. Logically we need to make the RTP decisions *as part of* the reconsideration of our plan for growth, not separately from it. We need to help JPACT put its recommendations on which projects to maintain, to modify and to eliminate in this larger context.

The Council has had some prior discussion on this point, reflected in the following budget amendment, approved by the Council last May:

Budget Note on Scoping for Regional Transportation Plan Update

As part of the work of determining the scope of the next update of the Regional Transportation Plan, the staff working with the Council and interested parties will explore fundamental questions of how transportation issues are defined and expressed and how other approaches (such as an integrated, comparative analysis of alternate investments in several corridors and modes) might improve upon the current corridor-based planning approach in implementing the 2040 Growth Concept and Regional Framework Plan.

The arguments offered in support of the amendment noted:

The current Regional Transportation Plan includes far more projects than can be funded by any realistically anticipated state and Federal transportation funds. By assuming that all the projects will be funded, the region has avoided making difficult decisions regarding transportation priorities. Councilor Burkholder has identified this profound problem as something requiring resolution and will providing leadership on this issue.

My proposed budget note is intended to promote using the occasion of rethinking the RTP to explore some basic questions of how we define transportation problems and issues and how we separate or aggregate corridors and places as a part of the transportation planning process. For example, defining the problem as "peak hour congestion in the XXX corridor" is a problem definition that leads to a very narrow range of "solutions." Redefining the problem as "What combination of transportation investment, combined with other public and private investments, are most likely to result in the development and redevelopment of Gateway as a Regional Center?"

I would appreciate hearing your comments and those of staff about how the RFP could be modified to assure a more financially realistic and integrated approach to transportation investments. In terms of timing, this certainly seems feasible, given that Mr. Kloster believes the update does not need to be completed until March 2008.