



Metro | *Agenda*

Meeting: Metro Council Work Session
Date: Tuesday, March 29, 2011
Time: 2 p.m.
Place: Council Chambers

CALL TO ORDER AND ROLL CALL

**2 PM 1. DISCUSSION OF AGENDA FOR COUNCIL REGULAR
MEETING, MARCH 31, 2011/ADMINISTRATIVE/
CHIEF OPERATING OFFICER COMMUNICATIONS**

**2:15 PM 2. SEVEN RULES FOR SUSTAINABLE COMMUNITIES –
15 MINUTE PRESENTATION FOLLOWED BY Q&A
UNTIL 3:00**

**Patrick Condon,
University of
British Columbia**

3 PM 3. COUNCIL BRIEFINGS/COMMUNICATION

ADJOURN

Agenda Item Number 2.0

**SEVEN RULES FOR SUSTAINABLE
COMMUNITIES**

Metro Council Work Session
Tuesday, March 29, 2011
Metro Council Chambers

METRO COUNCIL-DRAFT

Work Session Worksheet

Presentation Date: March 29, 2011 Time: 2:15 p.m. _____ Length: 45 minutes
(15 minutes of presentation followed by 30 minutes of discussion)

Presentation Title: Seven Rules for Sustainable Communities

Service, Office, or Center:

Planning and Development in conjunction with the Sustainability Center

Presenters (include phone number/extension and alternative contact information):

Patrick Condon, University of British Columbia Professor of Landscape Architecture and author of several books on sustainability, design and development. His latest book is Seven Rules for Sustainable Communities.

ISSUE & BACKGROUND

Purpose: The purpose of this agenda item is to prepare Council specifically for the April 1 Climate Leadership Summit with the Metro Policy Advisory Committee (MPAC), the Joint Policy Advisory Committee on Transportation (JPACT), other elected officials and business and community leaders. The April 1 summit is the next step in a series of discussions and actions surrounding climate change and land use and transportation.

Background: In 2009, the Legislature passed House Bill 2001, directing Metro to “develop two or more alternative land use and transportation scenarios” by January 2012 designed to reduce greenhouse gas (GHG) emissions from light-duty vehicles. The legislation also mandates adoption of a preferred scenario after public review and consultation with local governments, and local government implementation through comprehensive plans and land use regulations that are consistent with the adopted regional scenario. The Climate Smart Communities Scenarios effort is Metro’s way of implementing the policies these mandates require while also enhancing the region’s already identified policy aspirations and goals included in the 2040 Growth Concept. With Senate Bill 1059, the Legislature in 2010 expanded scenario planning to include other MPOs in Oregon.

Metro’s Making the Greatest Place initiative includes a set of policies and investment decisions adopted in the fall of 2009 and throughout 2010. These policies and investments are focused on six desired outcomes for a successful region, endorsed by the Metro Council and MPAC in 2008: vibrant communities, economic prosperity, safe and reliable transportation, environmental leadership, clean air and water, and equity. Making the Greatest Place includes the adoption of the 2035 Regional Transportation Plan and the designation of urban and rural reserves. Together these policies and actions provide the foundation for better integrating land use decisions with transportation investments to create prosperous and sustainable communities and to meet state climate goals.

The presentation by Patrick Condon and the ensuing discussion will provide an opportunity for a detailed conversation about how pursuing our well-established strategies and policy goals can help us meet carbon reduction goals. In fact that is the

focus of his latest book, *Seven Rules for Sustainable Communities: Design Strategies for the Post-Carbon World*. Condon writes specific, well-researched points accompanied by interesting historical context to create his argument: Changes in the design of our communities can achieve dramatic reductions in carbon emissions, improved livability, and the reduction of the cost of building and maintaining infrastructure systems.

Condon dedicates a chapter to each one of the seven rules:

- *Rule #1: Restore the Streetcar City.*
- *Rule #2: Design an Interconnected Street System.*
- *Rule #3: Locate Commercial Services, Frequent Transit, and Schools within a Five-minute Walk.*
- *Rule #4: Locate Good Jobs Close to Affordable Homes.*
- *Rule #5: Provide a Diversity of Housing Types.*
- *Rule #6: Create a Linked System of Natural Areas and Parks.*
- *Rule #7: Invest in Lighter, Greener, Cheaper, Smarter Infrastructure.*

Through a detailed description of each of his “rules,” Condon demonstrates that it is indeed possible to create more compact, energy-efficient, pedestrian-friendly, and transit-served regions with green infrastructure systems that reduce resource consumption and pollution of all kinds.

Patrick Condon is a professor at the University of British Columbia’s School of Architecture and Landscape Architecture and is senior researcher at the Design Center for Sustainability at UBC. He has practiced and taught in both the U.S. and Canada. He is the author of several books including *Design Charrettes for Sustainable Communities* (Island Press 2008).

OPTIONS AVAILABLE

Consider Condon’s perspective and suggestions in scenarios policy discussions.

SUGGESTIONS

One chapter of Condon’s book, “Restore the Streetcar City” can be found by following this link:

<http://www.ubcpress.ca/books/pdf/chapters/2010/CondonSevenRulesForSustainableCommunitiesCh2.pdf>

QUESTION(S) PRESENTED FOR CONSIDERATION

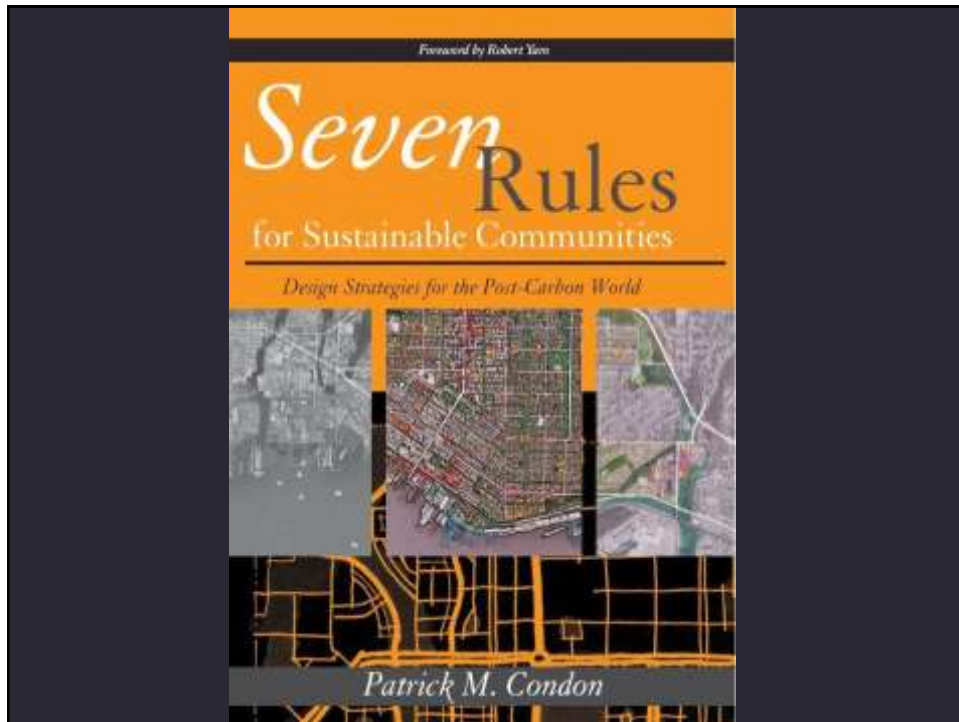
Possible questions for Patrick Condon:

1. How do your rules for sustainable cities apply to post World War II communities that are dependent on automobile transportation?
2. Can you recommend financial strategies for funding this work that you have deemed to be the most successful and explain why?
3. What development strategies have you seen that seem to offer the biggest bang for the buck? (Or the biggest impact for the effort required?)
4. What is your opinion on Metro’s role in all this for the region?
5. What have you observed to be the biggest political challenges for implementing your rules? How were they overcome?

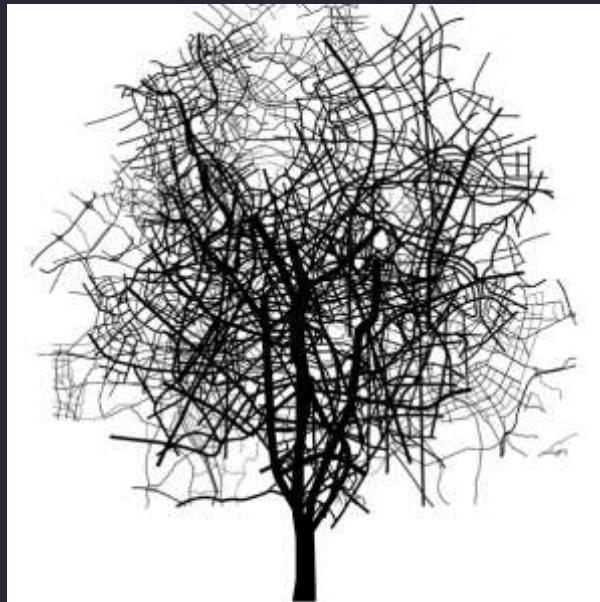
6. Are there success stories that you know of as a result of implementing some or all of your rules?

LEGISLATION WOULD BE REQUIRED FOR COUNCIL ACTION __Yes **X**__No
DRAFT IS ATTACHED __Yes __No

Materials following this page were distributed at the meeting.



**Ordering
Principles for
Sustainability:**



We forgot that:

Every City over 5,000 people had Streetcars.

We forgot that: Most homes in the streetcar city were single family homes.

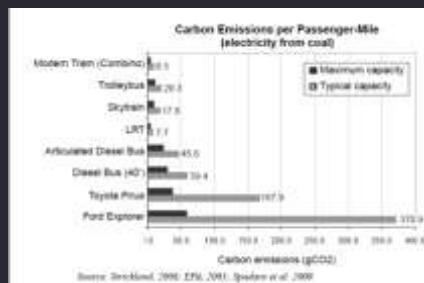
Seven Rules for Sustainable Communities

RULE 1 Restore the *Streetcar City*

The North America city was and is a streetcar city. Streetcar cities are characterized by easy access to transit, a wide variety of house types, and services and jobs sites very close at hand - the exact elements of a sustainable city. We have largely ignored this fact. It needs rediscovering.

Restore the Streetcar City

To save the planet, transportation must be (nearly) zero GHG.



It also must be affordable.



We forgot that:

Interconnected streets provide many alternative routes if congested

Only two types of streets:

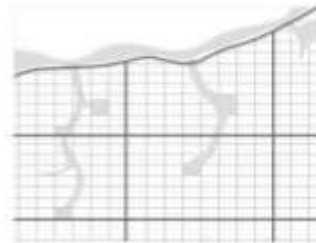
Residential streets

Streetcar arterials

Seven Rules for Sustainable Communities

RULE 2 | Design an *interconnected* street system

Fine-grain interconnected street networks ensure that all trips are as short as possible, disperse congestion, and are compatible with walking, biking, and transit.



We forgot that:

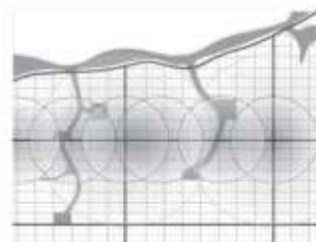
Five minute walking distance is a key feature of the streetcar city.

In the streetcar city the five minute walk merges into continuously accessible corridors.

Seven Rules for Sustainable Communities

RULE 3 | Locate commercial services, frequent transit, & schools within a *five-minute walk*

People will walk if there is something to walk to. The most important walking destinations are the corner store and a transit stop. A minimum gross density of ten dwelling units per acre is required for this to work.



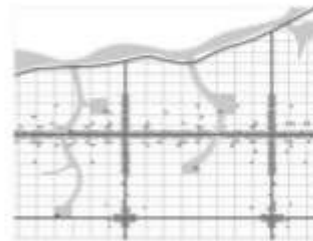
We forgot that:

The Streetcar city concept allows for many jobs close to corridors.

Seven Rules for Sustainable Communities

RULE 4 | Locate good **jobs** close to affordable homes

The trend toward ever longer commute distances for workers must be reversed. "Good jobs close to home" is a fundamental requirement. The vast majority of new jobs in the United States and Canada are compatible with complete community districts.



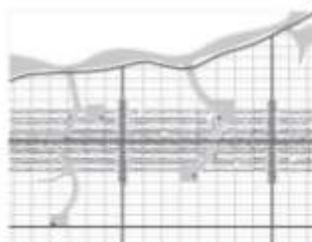
We accept that:

For slower transit to make sense affordable housing must be more evenly distributed in regions.

Seven Rules for Sustainable Communities

RULE 5 | Provide a **diversity of housing** types

Zoning laws have tended to segregate communities by income. Communities designed for only one income cannot be complete, and when repeated throughout the region, they add to transportation problems.



We know that:

Preserved Nature provides a natural interface to the streetcar city grid

Why?

For zero impact

For access to nature

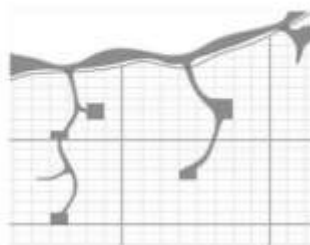
To bound and protect neighborhoods

Seven Rules

for Sustainable Communities

RULE 6 Create a *linked system of natural areas and parks*

Keeping our streams and rivers healthy requires a rethinking of urban drainage systems and stream protection. Maintaining the integrity of these systems must be a first design move when planning new communities. Far from protecting these systems through restriction, these systems must form the public space armature of new and restored communities.



We forgot that:

We spend too much on infrastructure.

Every dollar's worth of pavement produces a dollars' worth of environmental damage.

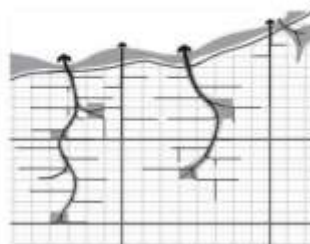
Work with natural systems not against them.

Seven Rules

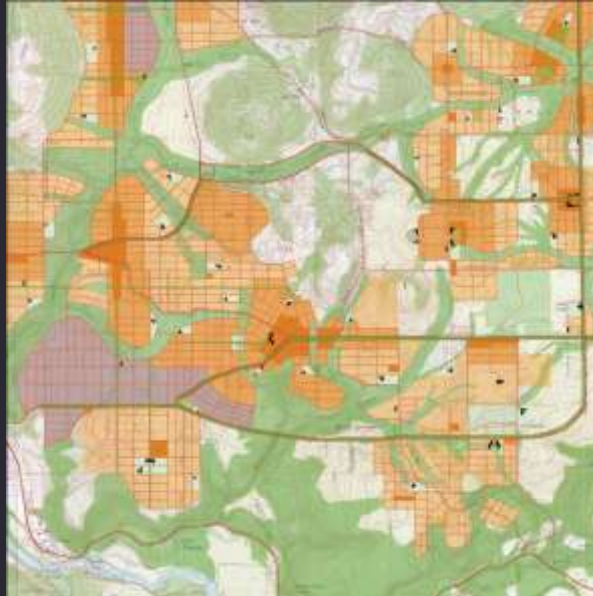
for Sustainable Communities

RULE 7 Invest in *lighter, greener, cheaper, and smarter infrastructure*

Suburban developments have at least four times more infrastructure per dwelling unit than do walkable streetcar neighborhoods. Exaggerated municipal standards for roads and utilities cost too much to build and maintain, and they destroy watershed function. Smarter, cheaper, and greener strategies are required.



Seven Principles - Damascus Design Workshop



Streetcar City

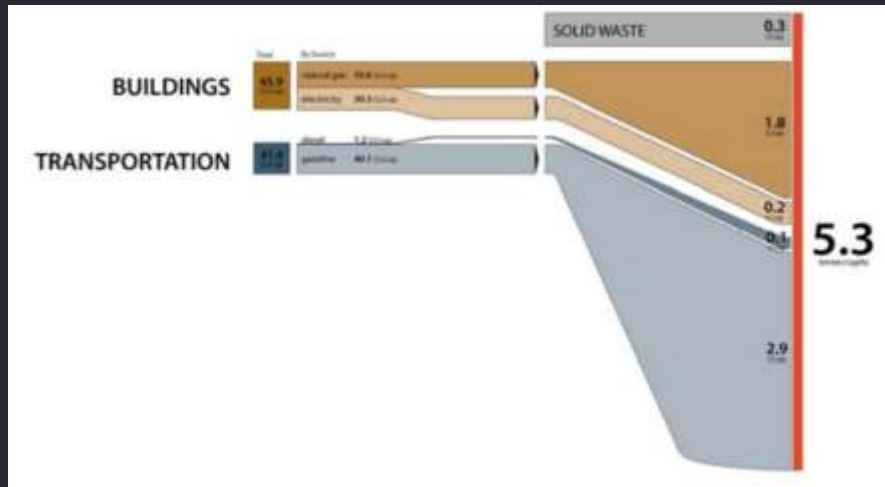
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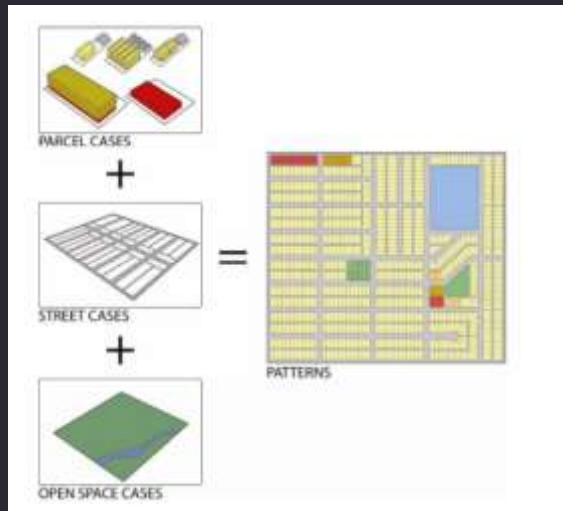
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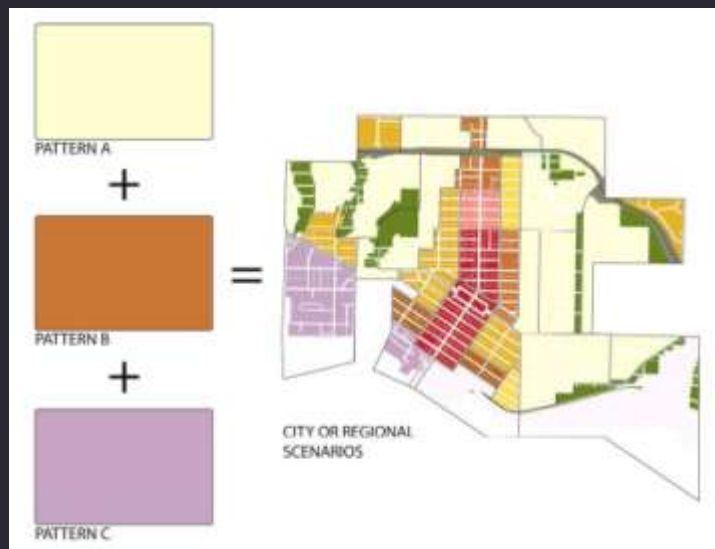
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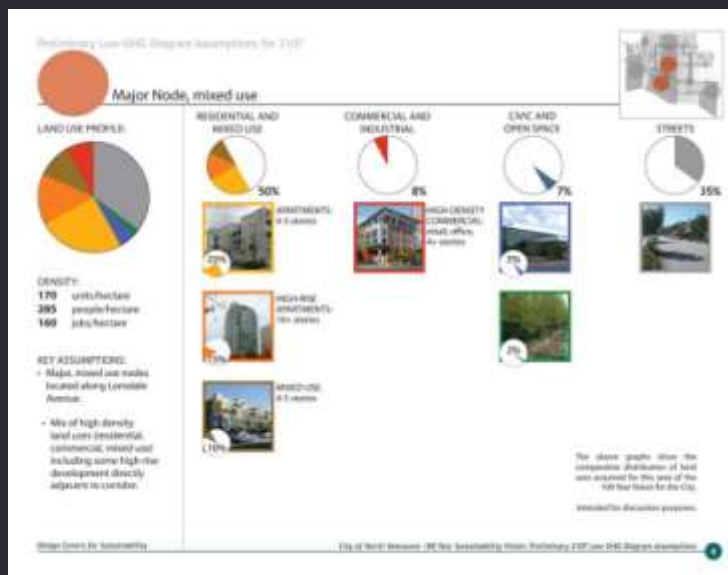


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Table 3: Population and Employment – Baseline, Preliminary and Charrette Scenarios

Population Statistics	2007 Baseline	Preliminary 2050 Scenario	Preliminary 2107 Scenario	Charrette 2107 Scenario
Population	40211	72294	138302	141270
Employment Population	31566	46660	77607	94480
Population Density (persons/hectare)	39	61	117	118
Total Households	22998	34322	75130	78563
Residential Density (units/hectare)	19	29	63	67
Assumed Annual Growth Rate (%) (2007 – Target Date)	0.9	1.1	1.1	1.1

Table 4: Residential Dwellings – Baseline, Preliminary and Charrette Scenarios

Residential Dwellings	2007 Baseline				Preliminary 2050 Scenario				Preliminary 2107 Scenario				Charrette 2107 Scenario			
	# units	% of total	% change		# units	% of total	% change		# units	% of total	% change		# units	% of total	% change	
Detached Single Family	4927	22	n/a		2774	8	-44		1295	2	-74		762	1	-85	
Attached Duplex	914	4	n/a		457	1	-50		182	0	-80		0	0	-100	
Attached Rowhouse	1360	6	n/a		2528	7	86		5752	8	323		3579	4	163	
Apartment <5 stories	10261	46	n/a		20277	59	98		50017	67	387		45223	57	341	
Apartment >5 stories	4636	21	n/a		8288	24	79		17903	24	288		36605	58	547	
Total	32,098	100			34,322	100	55		75,130	100	240		78,563	100	260	

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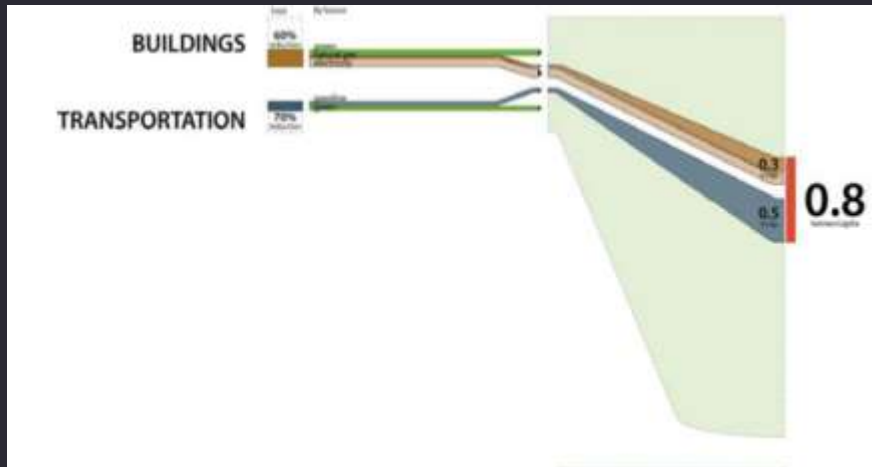
Table 5: Building Energy and Emissions Summary – Baseline and Preliminary Scenarios

Energy and Emissions	2007 Baseline				2050 Preliminary Scenario				2107 Preliminary Scenario			
	energy, electricity (GJ)	energy, natural gas (GJ)	energy, renewable (GJ)	emissions (t)	energy, electricity (GJ)	energy, natural gas (GJ)	energy, renewable (GJ)	emissions (t)	energy, electricity (GJ)	energy, natural gas (GJ)	energy, renewable (GJ)	emissions (t)
Residential	682,769	197,156	33,772	276,902	128,143	247,100	8,916	486,536	1,300	189,471	73	73
Single Family/Duplex	33989	88034	3389	8764	10193	0	3778	53437	0	0	0	0
Rowhouse	3858	36308	1552	4236	3574	49812	513	9194	0	43227	0	0
Apartment <5 stories	39713	94684	4476	16716	9384	13847	2487	36039	1300	43319	71	71
Apartment >5 stories	13758	71532	4768	0	0	87631	0	0	0	78729	0	0
Commercial	449,772	707,632	30,181	276,688	76,458	293,433	6,333	418,370	0	80,318	0	0
Institutional	209,318	194,291	11,441	60,829	11,318	43,272	1,112	44,713	0	7,890	0	0
Industrial	30,964	178,430	9,710	18,647	0	60,599	170	14,481	0	70	0	0
Total	1,492,841	1,647,851	85,574	425,676	214,915	646,484	16,331	872,238	1,300	286,681	73	73

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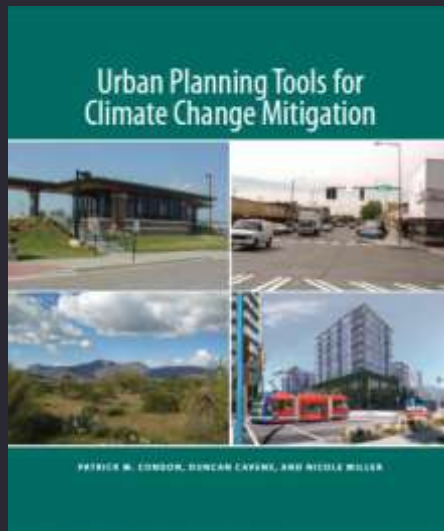
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Planning for Climate Change

Modeling Tools for Public Officials.



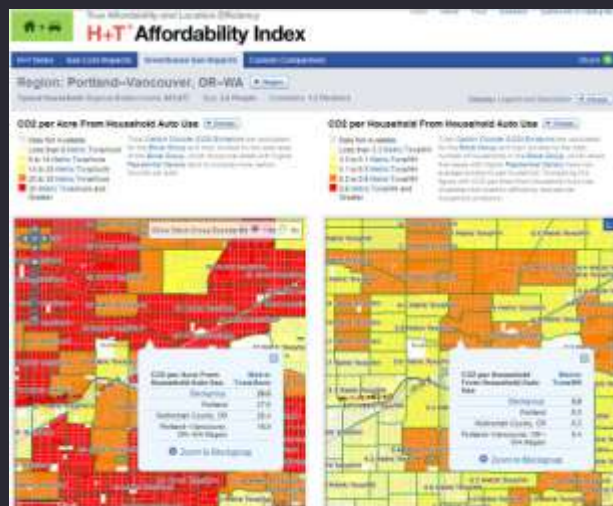
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Planning for Climate Change Modeling Tools for Public Officials.



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Planning for Climate Change
Modeling Tools for Public Officials.

Thank you.

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Superstition Vistas Area, Arizona

The Superstition Vistas Area Planning Project presents an unprecedented opportunity to become a global model for a sustainable community developed in the 21st Century. Roughly the size of Mesa, Chandler, Tempe and Gilbert combined, Superstition Vistas includes about 175,000 acres of land. Fregonese Associates worked with a team to assemble a diverse group of stakeholders to creating a conceptual master plan for this unique area.

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Streetcar City



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Basic Design Principles for Sustainable Cities:



Restore the Streetcar City



“Tax Lots” were economic place holders.

In Vancouver it took 80 years to realize planned density on streetcar arterials.



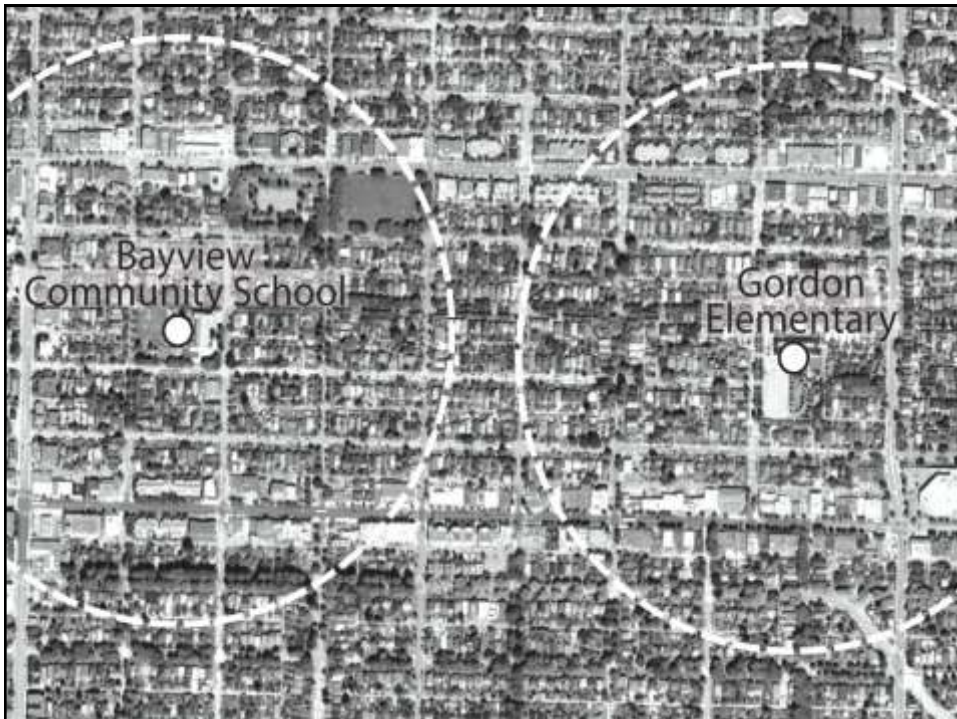
Design an Interconnected Street System

Intersections impossible to cross on foot.

Big Box magnets at overloaded intersections.

400% more traffic through intersection.

60% more pedestrian fatalities.



Different Dwelling Types on the Same Street.

Density doesn't
need to look
dense.

Vancouver
architects have
re learned this
lesson.

5458 Larch Street

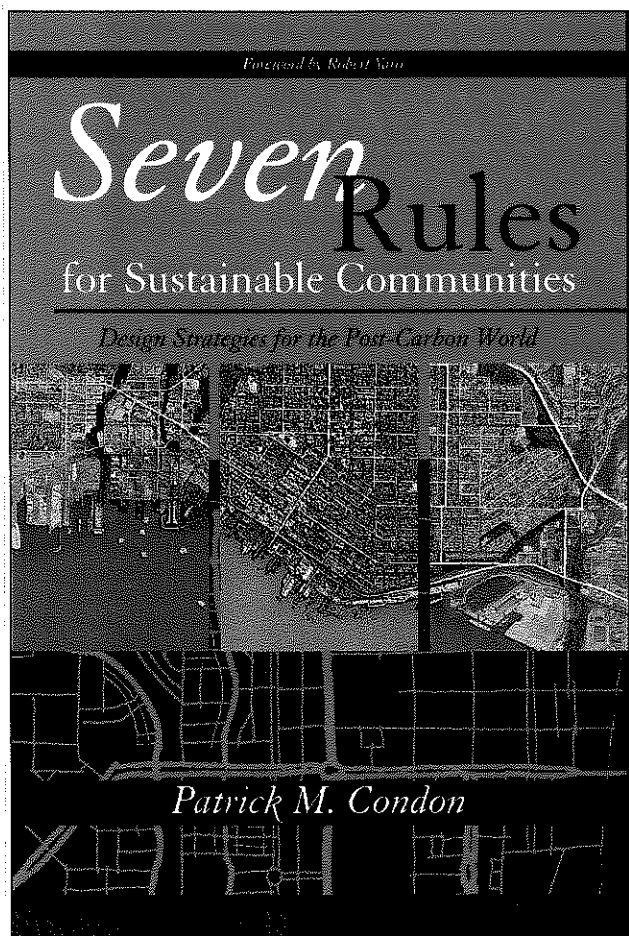
Project is 28 DU
per acre. One
level of
underground
parking.





[illegible]

**Speeds on congested freeways now approaching jogging pace.
The quest for speed is hopeless.**



Patrick M. Condon is a Professor at the University of British Columbia, and Senior Researcher at the Design Centre for Sustainability at UBC. He is the author of numerous books including *Design Charrettes for Sustainable Communities* (Island Press).

for more information:
www.jtc.sala.ubc.ca

Seven Rules for Sustainable Communities

Design Strategies for the Post Carbon World

Patrick M. Condon

Questions of how to green the North American economy, create a green energy and transportation infrastructure, and halt the deadly increase in greenhouse gas buildup dominate our daily news. Related questions of how the design of cities can impact these challenges dominate the thoughts of urban planners and designers across the U.S. and Canada. With admirable clarity, Patrick Condon discusses transportation, housing equity, job distribution, economic development, and ecological systems issues and synthesizes his knowledge and research into a simple-to-understand set of urban design rules that can, if followed, help save the planet.

No other book so clearly connects the form of our cities to their ecological, economic, and social consequences. No other book takes on this breadth of complex and contentious issues and distills them down to such convincing and practical solutions. And no other book so vividly compares and contrasts the differing experiences of U.S. and Canadian cities.

Of particular new importance is how city form affects the production of planet-warming greenhouse gases. The author explains this relationship in an accessible way, and goes on to show how conforming to seven simple rules for community design could literally do a world of good. Each chapter in the book explains one rule in depth, adding a wealth of research to support each claim. If widely used, Condon argues, these rules would lead to a much more livable world for future generations—a world that is not unlike the better parts of our own.

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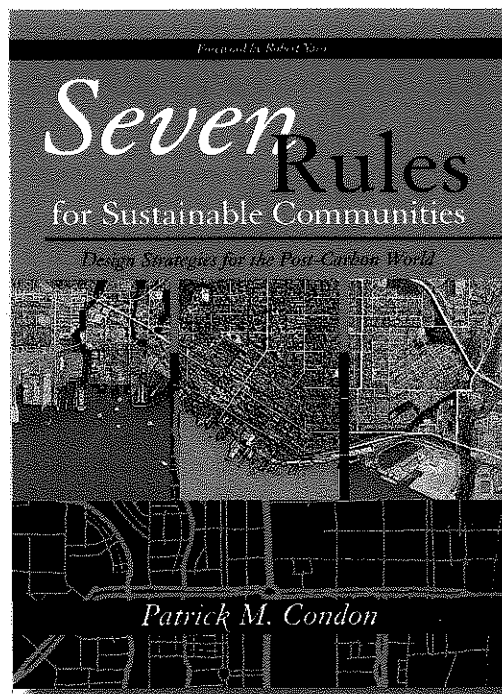
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