

SUMMER 2008

GreenScene



Your summer guide
to great places and
green living

www.oregonmetro.gov



splash
dig
pedal
stroll
sing
celebrate
explore



Metro | *People places. Open spaces.*

Natural areas highlights



Willamette Narrows

Michael McDermott photo

Metro's voter-approved Natural Areas Program funds land acquisition and capital improvements that protect water quality and fish and wildlife habitat, enhance trails and wildlife corridors, and provide greater connections to nature in urban areas throughout the Portland metropolitan area. Visit Metro's web site for acquisition updates, information about grant opportunities and new projects near you.

www.oregonmetro.gov/naturalareas



Sneak preview tours

Clatsop Buttes natural area – Southeast Portland 6:30 to 7:30 p.m. Tuesday, June 10

Cool off after work with a quick trip into the deep, dark forest. More than 100 acres in size, Clatsop Buttes is the largest natural area protected so far by Metro's 2006 voter-approved bond measure. It offers a natural oasis for people and wildlife in fast-growing Southeast Portland. Enjoy the shade of bigleaf maples, breathe in the sharp smell of

cedar and let the soft brush of sword ferns tickle your ankles. You may hear the distinctive rat-a-tat-tat of pileated woodpeckers along with the chirps and trills of some of the other creatures that call Clatsop Buttes home.

Council President David Bragdon, Metro Councilor Rod Park and Portland City Commissioner Dan Saltzman will co-host the site visit and talk about the successful partnerships that have made its protection possible.

Community partners from Johnson Creek Watershed Council and Audubon Society of Portland will offer their perspective about what the acquisition means to recovery efforts in the Johnson Creek watershed and the future of the region's wildlife.

Suitable for adults and children 10 and older. Free. Advance registration required; call 503-797-1850 option 4.

East Buttes natural area – Gresham

6:30 to 7:30 p.m. Thursday,
July 24

Visit Gabbert Hill, one of the new areas protected through Gresham and Metro's partnership. When it was purchased last year, this 37-acre natural area helped permanently secure a connected habitat corridor of protected, publicly-owned lands critical for wildlife movement in our growing region.

For more than a decade, Metro and Gresham have worked together to preserve the butte tops, steep slopes and densely forested areas of the East Buttes. Land acquisition protects wildlife and water quality from the potentially harmful impacts of urban development. Metro has acquired more than 500 acres directly south of the hundreds of acres Gresham protected with their own acquisition program in the early 1990s. It is some of the most valuable property in the region – both economically and for fish and wildlife.

Council President David Bragdon, Metro Councilor Rod Park and Gresham Mayor Shane Bemis will co-host the site visit. Community partners from Johnson Creek Watershed Council and Audubon Society of Portland will offer their perspective about what the acquisition means to recovery efforts in the Johnson Creek watershed and the future of the region's wildlife.

Suitable for adults and children 10 and older. Free. Advance registration required; call 503-797-1850 option 4.

Restoration gives rare habitat a new lease on life

By Metro volunteer Elizabeth Milner

Two centuries ago, Native Americans hunted game and gathered plants in the oak woodlands that blanketed the Willamette Valley. Today, much of the valley's historic oak habitat has been lost to agriculture, logging, urban development and fire suppression. At Metro's future Cooper Mountain Nature Park, a piece of this rare habitat has been preserved and restored for future generations of residents and wildlife. This summer, thanks to an extensive habitat restoration project, rare wildflowers are blooming in the site's upland prairies, birds and squirrels are chattering and chirping in the restored oak woodlands, and construction is set to begin on new facilities that will welcome visitors next spring.

The 231-acre future nature park, located in Beaverton, is home to several unique and varied landscape types including mixed conifer forests, perched wetlands and rare oak woodlands. The site also supports breeding populations of wildlife species whose numbers are threatened regionally, including the Northern red-legged frog and Western gray squirrel.



When Metro acquired the natural area in 1997, years of logging (including multiple clear-cuts), fire-suppression and



Volunteers helped plant 80,000 native trees and shrubs at the future Cooper Mountain Nature Park.

C. Bruce Forster photo

construction of dirt and mountain bike trails had degraded some of the natural plant and animal habitat found on the property and threatened the health of the sensitive oak woodlands.

Since then, staff and volunteers have planted 80,000 native trees and shrubs, seeded native forbs and grasses, removed invasive plants like scotch broom, and performed a series of prescribed burns to enhance oak and upland prairie habitat. Fire is an important part of prairie ecology and many plants, including many wildflowers, rely on the disturbance of fire to thrive. Cooper Mountain supports a diverse wildflower community, including what is perhaps the largest remaining population of the endangered pale larkspur and meadow checker mallow in the state.

Restoring the oak woodland at Cooper Mountain required the removal and control of some encroaching Douglas fir trees. Douglas fir trees, like those found at Cooper Mountain, grow faster and taller than oaks and, without natural wildfires to keep them in check, will out-compete the slow-growing oaks for sunlight. Some of the encroaching Douglas fir trees were not removed but instead "girdled," a technique that kills the tree from the top down, leaving the dead tree standing. These dead trees, or "snags," provide excellent habitat for birds, insects and squirrels.

Construction begins this summer on a parking lot, education center and 3 miles of trails. Future visitors to Cooper Mountain Nature Park will learn about the natural history of the Willamette Valley while enjoying the beauty of a rare landscape.

Watch online




Watch a video about the future Graham Oaks Nature Park in Wilsonville where Metro's restoration of rare oak woodland habitats is under way.



www.oregonmetro.gov/naturalareas

Around the campfire at Oxbow

Bring the family to Oxbow Regional Park for campfire stories and old-fashioned entertainment on weekend evenings this summer. Enjoy live music around the campfire on Friday nights and captivating nature presentations and storytellers on Saturday nights.

Campfire programs are held in the outdoor forest amphitheater across from the campground. They are a great way to spend the evening when you're camping at Oxbow, but you don't have to camp to enjoy them. Wrap up a lazy afternoon along the river or a picnic dinner by joining us. Although the park closes at sunset, those who attend the campfire program and want to leave afterward will be let out at the gate by the rangers. Park in the designated area near the boat ramp. Programs are free with the \$4 per vehicle entry fee to the park. No registration required. For more information, call Metro at 503-797-1850. 

Mississippi blues with Steve Cheseborough
8:30 to 9:30 p.m. Friday, July 4
On this special Independence Day performance, blues authority Steve Cheseborough brings to life the acoustic country blues of the 1920s and 30s on beautiful antique guitars, weaving together live music, history and lore.

Birds of prey of the Pacific Northwest
8:30 to 9:30 p.m. Saturday, July 5
Live birds of prey visit the campfire circle from the Audubon Society of Portland's Wildlife Care Center. Find out cool raptor facts and see these beautiful birds up close.

Old-time bluegrass tunes
8:30 to 9:30 p.m. Friday, July 11
Bluegrass musicians Greg Stone and Gary Gertsen will play guitar and mandolin and sing old-time tunes around the campfire. Kick up your heels or just sit back and enjoy the music. With songs for all ages, this is a nice introduction to old-time music for kids.



Storyteller
Ed Edmo

Slithering tales: snakes and their kin
8:30 to 9:30 p.m. Saturday, July 12

Discover the fascinating world of snakes, lizards and turtles. Metro naturalist James Davis reveals the truth behind the many myths about reptiles. Some live reptiles will join this super scaly program.

No Time 2 Lose
8:30 to 9:30 p.m. Friday, July 18
Soak in this local band that plays blues, bluegrass and a little bit of John Prine thrown in for good measure.

Salmon stories, bear tales and the legend of the swallowing monster
8:30 to 9:30 p.m. Saturday, July 19
Join master storyteller Will Hornyak for an evening of Northwest myths, legends and tall tales. Will's storytelling never fails to please the crowd.

Campfire tunes
8:30 to 9:30 p.m. Friday, July 25
Guitarist Brad Price, formerly of the Oregon Trail Band, strums and sings favorites of his family and yours. Bring back old memories and create some new ones with "Puff the Magic Dragon" and other great classics, beautifully performed.

Yvonne's gumbo of stories
8:30 to 9:30 p.m. Saturday, July 26
Settle back and enjoy the rich voices and accents of Yvonne's native home in southeast

Louisiana, "Cajun country." She'll tell wild folktales and animal stories from the bayous of Louisiana and around the world.

Old-time music with Dave and Will Elliott
8 to 9 p.m. Friday, Aug. 1
This local father and son duo from just up the hill returns to Oxbow with great bluegrass tunes. Enjoy old-style duets and perhaps sing along with some favorites.

Wild forest food and medicine
8 to 9 p.m. Saturday, Aug. 2
Discover amazing plants that grow right around us and have been used by people for thousands of years with naturalist Natalie Norman. Get to know several common plants to use for a snack, natural insect repellent and more. All ages love this hands-on program.

Songs with Dave Orleans the Earthsinger
8 to 9 p.m. Friday, Aug. 8
Dave Orleans brings energetic and folksy songs, old and new, to the campfire. Sing along with songs for all ages about bugs, seeds and more.

Native American stories with Ed Edmo
8 to 9 p.m. Saturday, Aug. 9
Night is falling, the river is murmuring and the campfire beckons. Join us for an entrancing evening of stories with Native American storyteller Ed Edmo.

Old-time bluegrass tunes
8 to 9 p.m. Friday, Aug. 15
See July 11 description.

The amazing nightlife of bats
8 to 9 p.m. Saturday, Aug. 16
What's faster than a speeding mosquito, more powerful than bug repellent and able to navigate the night? Bats! Naturalist Kim Wilson is back this year to share great bat images and facts while we watch and listen for real live bats.

Fiddlin' in the park with Greg Clarke
8 to 9 p.m. Friday, Aug. 22
Musician Greg Clarke brings us old-time tunes around the campfire. Enjoy the sounds of banjo, fiddle and mandolin among the trees. It's a contagious performance sure to get your toes tapping.

Shadow puppets: Anansi the Spider
8:30 to 9:30 p.m. Saturday, Aug. 23
Behind Oregon Shadow Theatre's magical illuminated screen, colorful shadow puppets come to life accompanied by live music and audience participation. In West African folk tales, Anansi the spider is clever but greedy. In this story he plays a trick on a whole village and gets into a lot of trouble. Note later start time.


Songs with Dave Orleans the Earthsinger
8 to 9 p.m. Friday, Aug. 29
See Aug. 8 description.

Storytelling to the beat of the drum
8 to 9 p.m. Saturday, Aug. 30
Gordon Munro returns with his special blend of the ancient arts of drumming and storytelling. You'll enjoy folk stories from different cultures around the world.

Oxbow adventures

10:30 a.m. to noon, Wednesdays

The edge of an ancient forest at Oxbow Regional Park is the setting for this series of nature programs for children ages 5-10 led by the park naturalist. This year our schedule has changed days and expanded. Meet at the Alder Shelter (group picnic area A); plan to arrive at the park entrance at about 10:15 a.m. to get to the area on time.

Advance registration required. There is a program fee of \$2 per participating child, payable at time of program for families (adults and infant siblings do not pay). For childcare centers and other organized groups, payment is required in advance. There is a park entry fee of \$4 per car or \$7 per bus. To register, call 503-797-1850 option 4.  by arrangement except River Roundup

Osprey adventure
July 2
What does an osprey eat? How big is its nest? Find out all about these big birds of prey then take a walk to see a real osprey nest – and with luck, the “fish-hawks” themselves.

Ancient forest adventure
July 16
Naturalist leaders will guide small teams through the deep shady forest on a fun scavenger hunt. But be aware – the others might be sneaking up on you!

River roundup
July 30
Discover firsthand the many creatures that live in and near the Sandy River on this popular trip. Enjoy catching and releasing water bugs, crayfish and more. Nets and magnifying glasses are provided for a close-up view.

Animal detectives
Aug. 6
Discover the clues that elusive wild animals leave behind. Handle plaster casts of real footprints and examine bones, bird nests and other items up close. Explore Oxbow with Metro nature guides and search for tracks and other great wildlife clues.

River roundup
Aug. 20
See July 30 description. This program is so fun it had to be offered again on a hot August day.

RID Patrol cleans up the region

Since 1993, Metro's RID Patrol has been helping keep neighborhoods clean by providing enforcement and cleanup for illegal dumping of household garbage, hazardous waste and other refuse on public lands. In addition to its unsightly appearance, illegal dumping can reduce land values, pollute waterways, harm wildlife, pose potential health hazards and attract more dumping.

How can RID Patrol help?

- Each year Metro's team cleans up more than 1,500 illegal dumps on public property throughout the region.
- RID Patrol staff can provide information and technical assistance to community groups, including presentations at meetings, brochures and bumper stickers. Get tips on how to prevent or

- stop illegal dumping in your area.
- Detectives investigate dumps where evidence is found and issue citations.
- Metro can provide street signs to help deter dumping in your community.

What can I do?

- Report illegal dumping by calling Metro at 503-234-3000 or visiting www.oregonmetro.gov/ridpatrol.

- Use only an authorized solid waste or hazardous waste facility if you are hauling garbage.
- Make sure anyone you hire to haul trash has a business license and disposes of the waste properly.

To schedule a presentation at a community group meeting, send e-mail to ridpatrol@oregonmetro.gov or call 503-797-1867.



Regional Illegal Dumping Patrol



Jerome Hart photo

Splash into Blue Lake's spray ground

There's no better way to cool off and have fun than with water that sprays, gushes, dumps and pours from colorful and whimsical devices. Designed especially for children ages 1-10, Blue Lake Regional Park's water spray ground is fun and interactive. This popular attraction offers an engaging water play option for non-swimmers, children under the age of five who are not allowed in the lake, and people with limited mobility.

The spray ground is located adjacent to the existing swim beach area at the park and is free to park visitors. Restrooms and parking are conveniently located and make the activity easily accessible for kids of all ages and abilities.

Fourth of July fireworks and festivities

Celebrate Independence Day with fireworks, music and fun at Blue Lake Regional Park. Pack a picnic, load up your loved ones and join us for a good time for the whole family. Activities are located at the west end of the park and include a fireworks display, a variety of musical guests and playtime for children in the water spray ground. Gates open at 8 a.m.

Food court: 5 to 10 p.m.

Music: 6 to 10 p.m.

Fireworks: 10 to 10:30 p.m.

Admission is \$6 per vehicle, \$12 for vans (12-passenger or larger), buses and RVs all day. No pets, alcohol or personal fireworks.

Presented by
The Yoshida Group

Sponsored by

The Gresham Outlook
Metro
Express Personnel Services
MBank
Outback Steakhouse
Mt. Hood Community College

Special thanks to

Fairview Police Department
Gresham Fire Department
Multnomah County Sheriff
Troutdale Police Department

Metro's Blue Lake natural discovery garden

Open for self-guided visits daily 8 a.m. to sunset

Staffed by a gardening expert to answer your natural gardening questions
10 a.m. to 3 p.m. on Saturdays, May through September

Kids and adults are invited to see how fun and beautiful natural gardening can be. Search for signs of soil life in the digging zone. Scratch and sniff the leaves of plants that need little water. Pet a worm in the resident worm bin. Feel the many textures of plants that thrive without pesticides. You can even climb on giant rocks and logs in this garden filled with native and exotic plants and many surprises.



Growing a memorable meal

By Carl Grimm, Metro natural gardening and toxics reduction specialist

Do you seek the freshest, most delicious, sustainable food for sharing meals with friends and family? Search no farther than your yard. Pack a few favorite gardening tools and seeds and embark on a journey of discovery, recreation and sustenance.

Of sustenance and the senses

I have always believed that a beautiful, multicolored meal is a healthy meal. Turns out it's true. Even the Centers for Disease Control and Prevention promotes eating a broader array of colors of fruits and vegetables for more valuable nutrients. Phytochemicals (compounds found in plants) linked to heart health, improved vision and the prevention of chronic diseases apparently work better in combination. Happily, a rich variety of colors, textures and flavors in food is strongly linked to their nutritional quality; sensory and substantial goodness are inextricably linked.

Conversation and community

Sharing homegrown food with friends and family creates a deeper feeling of connection than sharing store bought food. It also stimulates great conversations of gardening challenges and discoveries, and discussions around the dinner table are the seeds of community.

Your edible landscape can grow community in other ways too. Trading out pesticides for better plant choices and toxics for tools supports a community of diverse wildlife and plant life that helps your garden grow. Plant variety distributes pest and disease risk. Flower variety, especially of native plants, provides more nectar to beneficial bugs that pollinate your blossoms or help

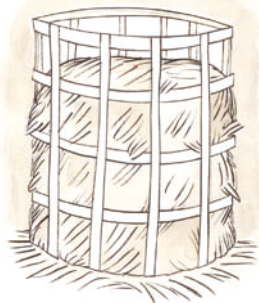
eliminate your garden's pests. And a variety of tree and shrub shapes and heights better shelters beautiful birds that can help control pests by eating them.

Digging in

Most soils will support celebrated edible plants better with ample organic matter. Spread or mix in a half- to 2-inch layer of compost depending on how poor your soil is, and always cover with a layer of mulch.

If a soil test or early summer lackluster plant performance indicates you may need more nutrients, my top fertilizer recommendation would be simple alfalfa meal, available at any feed store. I like the pelleted form better than the powdered because it's much easier to handle and less dusty – even though it looks a little like goose droppings on the soil.

Both forms provide an array of vital plant nutrients that won't easily wash into storm drains or pollute our rivers and streams. Typical application rates are 2 to 4 quarts (or 2 to 4 pounds) per 10-foot-by-10-foot area.



Growing an organic edible garden is not just a path towards ideal meals but also an opportunity to create a place full of fun, learning and healthfulness. As surely as biological diversity can lead to sustainability in your garden – and on our planet – so, too, can a greater variety of colors, flavors and textures lead to deeper sustenance at the supper table. Now it's time to plant!

My top pick summer-fall edibles

- Arugula
- Bolero carrot
- Bright lights chard
- Calendula, for the edible flower petals
- Dino kale
- Italian parsley
- Radishes
- Scarlet runner bean, for edible flowers and beans
- Supersweet hybrid corn

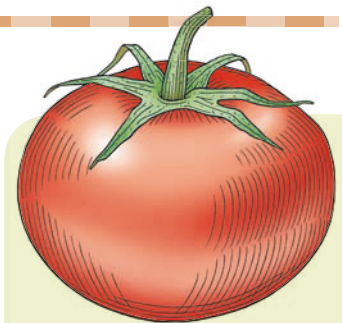
Plant seedlings for best results

- Cardoon
- Ever-bearing raspberry
- Tomatoes (sungold, early girl and marzano)

Favorite food gardening information and supply sources

- Cooking from the Garden, Rosalind Creasy
- How to Grow More Vegetables, John Jeavons
- Omnivore's Dilemma, Michael Pollan

- www.fruitsandveggiesmatter.gov/benefits
- www.livingscapenursery.com
- www.onegreenworld.com
- www.pesticide.org
- www.pistilnursery.com
- www.slowfood.com
- www.territorialseed.com



Gardens of Natural Delights™ tour

10 a.m. to 4 p.m.
Sunday, July 13

Seeing is believing. Peek into the beautiful backyards of passionate home gardeners and learn their secrets to chemical-free success. Don't miss these inspirational home gardens featuring flowers, foods, native plants, wildlife habitat and more. Gather tips, techniques and gardening ideas to make your garden beautiful and healthy for your family, pets and the environment.

Registration opens June 2, 8:30 a.m.

To register, call Metro Recycling Information at 503-234-3000. Space on the tour is limited. Residents of Multnomah, Clackamas and Washington counties only.

www.oregonmetro.gov/garden



Discover gardening seminars, demonstration gardens and guides to bugs, composting, lawn care and more.



Introducing Walk There! – Metro’s new guide to great places to walk in the Portland-Vancouver area. The book will lead you on 50 explorations of newly acquired urban natural areas, scenic parks, historic neighborhoods and fascinating main streets. Detailed maps and route descriptions will help you discover the region’s rich history and varied landscapes while you enjoy the benefits of walking.

Walking is one of the easiest and most effective activities you can do to tighten your wallet and your waistline. If you drive less, you save more by avoiding the costs of gasoline and parking. Walking is one of the safest activities you can do to maintain your health. Mile for mile you burn as many calories walking as you would jogging, but with far less stress on your joints. Walking also helps the environment. You can reduce your carbon footprint by shifting short trips from your car to your feet.

Metro developed the new guide in partnership with local governments and community groups and with support from Kaiser Permanente. The book will be distributed through health education classes and community walking events and programs. The 50 walking route maps and descriptions are featured on Metro’s web site and available in a pocket-sized book.

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For more information, visit
www.oregonmetro.gov/walk.
.....

Drive less. Save more.
www.DriveLessSaveMore.com

Downtown Hillsboro walk

Hillsboro, once a sleepy agricultural town on the Tualatin Plains, has a beautiful historic downtown with a strong emphasis on the arts and a hometown ambience. This and other amenities caused U.S. News and World Report to name Hillsboro one of its top 10 places to retire. This walk explores the charms and art scene of downtown Hillsboro.

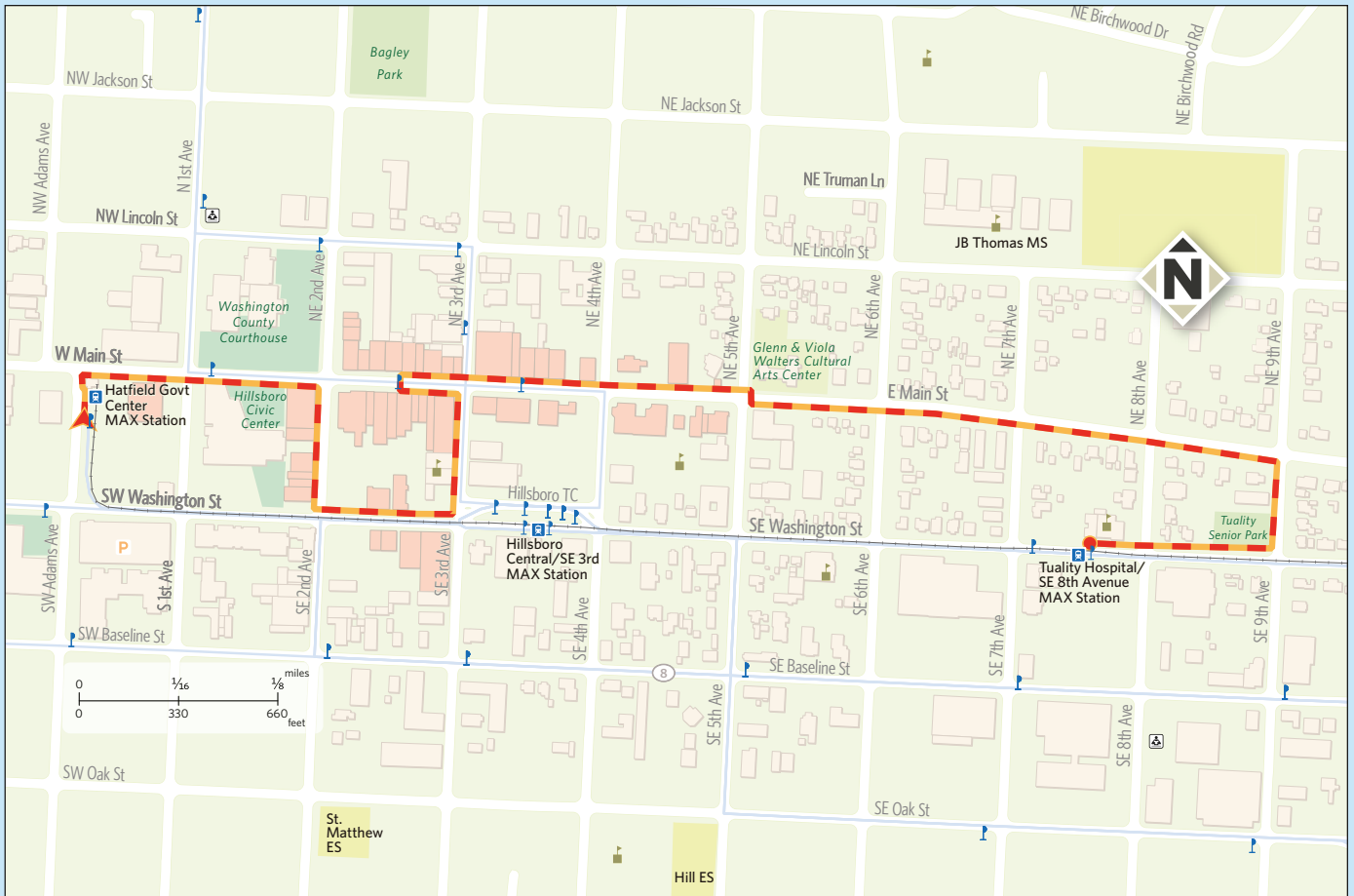
Take the Blue Line MAX to its terminus at Main Street and Adams Avenue. Exit MAX, turn right and walk along Main Street. Cross 1st. On the left is the Washington County Courthouse, framed by giant sequoias. Here, on summer Saturdays is the Hillsboro Farmers’ Market. Main Street is a great place to explore old storefronts, many of which house tempting antique shops.

From Main, turn right at 2nd. HART (Hillsboro Artists’ Regional Theater) is on the right. Turn left onto Washington and then left onto 3rd. At Main, turn left to enjoy the Venetian Theatre and Bistro, opening in 2008 in the renovated Town Theater.

From the theater, walk east on Main to 5th. In the northeast corner is the Glenn and Viola Walters Cultural Arts Center, opened in 2004 in a former Lutheran church. Inside are classrooms, galleries, offices of art organizations and performance space.

Continue east on Main past historic homes. Turn right on 9th, walk one block and turn right on Washington. Walk one block to 8th. Look south to Tuality Hospital, the largest employer in downtown Hillsboro. End the walk by continuing west to the Tuality Hospital/SE 8th Avenue MAX stop.

1.2 miles 2,502 steps difficulty 45°52'N -122°99'W



Hillsboro history

Hillsboro is named for David Hill, an Oregon Trail pioneer. He named the area on his donation land claim Columbus but it was renamed Hillsborough on his death in 1850. In 1876, when the city incorporated, the name became Hillsboro.

The giant sequoias at the Washington County Courthouse came from Porter & Sons Nursery. Cones from California had been brought to Oregon by John Porter after his stint in gold-mining country. Originally eight were planted at the courthouse in 1880. Five survive.


The stone for the Walters Community Art Center (left) was quarried in the 1940s by congregation members, who hauled the rock in 150 trips from Camas, Washington to Hillsboro. The center is named for the founders of the Glenn Walters Nursery, Oregon's largest nursery, with 18 farms in Washington County.

Summer calendar

Oaks Bottom Wildlife Refuge walks

8 to 11 a.m. Monday, June 2
5 to 8 p.m. Wednesday, June 4
8 to 11 a.m. Saturday, June 7
Join naturalist Mike Houck for a stroll around the 160-acre Oaks Bottom Wildlife Refuge. The walk is a 2-mile loop on both paved and uneven dirt paths, with two moderate hills. Suitable for families. Discussion will pay special attention to the numerous species of trees growing in the bottoms. Advance registration required; call 971-222-6116 or visit www.audubonportland.org. *Audubon Society of Portland*


South Waterfront heron watch

5 to 7 p.m. Monday, June 2
noon to 3 p.m. Saturday, June 7
Watch the herons on their nests. Join Mike Houck and Bob Sallinger who will have spotting scopes on hand for close-up views of nesting great blue herons. Meet at the east end of Southwest Curry Street. Free. Advance registration not required. *Audubon Society of Portland* 

Working river and wildlife

6 to 8 p.m. Tuesday, June 3
Join npGREENWAY on a walk along the future North Portland Willamette Greenway Trail. The walk will be along an existing trail, through Willamette Cove and former industrial sites and along the edge of the working Willamette River toward Swan Island. Bring binoculars to best see cormorants and blue herons along the shoreline. Wear sturdy shoes. Suitable for all ages. Free; donations accepted. For more information, call 503-823-4524 option 6. *npGREENWAY*

Lunch with the birds at Jackson Bottom

noon to 1 p.m. Wednesdays, June 4, 11, 18 and 25
Spend your lunch hour learning how to identify waterfowl and other birds. Spotting scopes, binoculars and field guides provided. Meet at the north viewing shelter next to the Clean Water Services treatment plant on Highway 219 south of Hillsboro. Free. Registration not required. For more information, call 503-681-6278. *Jackson Bottom Wetlands Preserve* 

Columbia Slough birding bike ride

7 to 9 a.m. Friday, June 6
Take a leisurely, pre-commute bike ride along the Lower Columbia Slough Trail and enjoy the lively birdlife to be encountered on a spring morning. Learn about future extensions of the trail and how citizens can get involved in protecting and restoring the slough. Bring and maintain your own bicycle; helmets required, pumps and patch kits recommended. Advance registration required; call 971-222-6116 or visit www.audubonportland.org. *Audubon Society of Portland*

Explore Tideman Johnson Natural Area

4 to 5:30 p.m. Friday, June 6
Kids and their parents are invited to find out how to make trips to natural areas safe and enjoyable. Get fun fish facts and simple identification tips for Pacific Northwest plants. Learn about efforts to restore Johnson Creek and where and why native fish are found in our urban creeks. To register, call Daniela at 503-886-9870. *Johnson Creek Watershed Council*

Full spectrum forestry tour

9 a.m. to 1 p.m. Saturday, June 7
Join Forest Dan, family forests friends and neighbors for a tour about the full spectrum of forestry in Oregon. All are encouraged to attend with any questions or ideas. Suitable for all ages. Free. For more information, call 503-558-1813. *Oregon Small Woodlands Association* 

Native Plant Center volunteer Saturdays

9 a.m. to 1 p.m. Saturdays, June 7 and 28, July 19 and Aug. 16
Help out at Metro's Native Plant Center in Tualatin which provides an essential supply of rare native seeds and plant stock to support Metro's restoration projects. Activities vary throughout the summer and include transplanting seedlings, collecting and processing seeds, building seed drying racks and wetland emergent beds, and caring for young plants. Gloves, tools, water and a snack provided; prior gardening experience not required. For more information and to register, call Marsha at 503-701-7554. *Metro*

Arbor Lodge Park work days

9 a.m. to noon Saturdays, June 7, July 5 and Aug. 2
Help replace the use of pesticides with people power by weeding and mulching at this North Portland park. Snacks, gloves and tools provided. Meet at North Bryant Street and Greeley Avenue. For more information, call Megan at 503-423-7549. *Northwest Coalition for Alternatives to Pesticides*

National Trails Day in Forest Park

8:30 a.m. to 1 p.m. Saturday, June 7
Join this national volunteer trail restoration event. Get outside, meet some new folks and give back to the trails of Forest Park. Advance registration required; send e-mail to trails@forestpark-conservancy.org. *Forest Park Conservancy, REI, Portland Parks and Recreation*

Smith and Bybee Wetlands canoe trip

1 to 4 p.m. Saturday, June 7
Don't own your own boat? Then this paddle trip is especially for you. Experience Smith and Bybee Wetlands from the water with Metro naturalist James Davis and see wildlife that is harder to view on land. Suitable for adults and families; children must be accompanied by an adult. Some experience being in a canoe or kayak is recommended. You have the choice of a canoe (which holds 2-3 people) or a limited number of single kayaks. If you come by yourself and do not choose a kayak, you'll be paired with another person in a canoe. (If you have your own boat and are interested in free guided paddles, check out the trips offered by the Friends of Smith and Bybee Lakes.) Program fee includes boat, paddles and personal flotation devices provided by our outfitter. \$35 per person; \$15 for a third person in a canoe. Registration and payment required one week in advance of each trip; call 503-797-1850 option 4. *Metro*

Ross Island and Holgate Channel regatta

8 to 11 a.m. Sunday, June 8
Join a colorful flotilla of canoes and kayaks on a paddle around



wildlife watching



bicycling



volunteering



nature discoveries



paddling



natural gardening



wheelchair accessible

Ross Island to view great blue herons, osprey and bald eagles on their nests. The young herons are large and raucous this time of year. Advance registration required; call 971-222-6116 or visit www.audubonportland.org. *Audubon Society of Portland*

Touring kayaks in moving water


9 a.m. to 1:30 p.m. Sunday, June 8 and 8:30 a.m. to noon Sunday, June 29
Let the current propel you through fun rapids that your stable and comfortable touring kayak will easily handle. The Sandy River from Oxbow Regional Park to Dabney State Park passes through a beautiful river corridor that abounds with wildlife. Kayak gear and guide included. \$53. For more information, visit www.nwdiscoveries.com; to register, call Ken at 503-524-9192. *Northwest Discoveries*

Junior ranger programs at Tryon Creek


1 to 2 p.m. Saturdays and Sundays through August
Children ages 6-12 are invited to join a park ranger to learn how to help protect natural resources, plants and animals. Participating in nature games, nature crafts and park explorations will help junior rangers earn their badge. Parental permission slip required. Free. For more information, call 503-636-9886 ext. 225. *Tryon Creek State Natural Area* 

Ranger walks at Tualatin Hills Nature Park

11 a.m. to noon Saturdays and Sundays, June 8 and 21, July 5 and 6 and Aug. 2 and 3
Join a park ranger for a one-hour guided walk at Tualatin Hills Nature Park to search for frogs, bugs and slugs while taking the time to smell the flowers and

learn about the trees. Free. To register, call 503-629-6350. *Tualatin Hills Park and Recreation District* 

Father's Day bird celebration at Tryon Creek

2 to 3 p.m. Sunday, June 8
Explore the birds of Tryon Creek with a short indoor program followed by a trail hike. Bring your binoculars and check out the feathered friends of the park. Free. For more information, call 503-636-9886 ext. 225. *Tryon Creek State Natural Area* 

Sewallcrest Park work days

10 a.m. to noon Sundays, June 8, July 6 and Aug. 3
Come to Sewallcrest Park in Southeast Portland to help replace the use of pesticides in parks by weeding and mulch-

ing. Snacks, gloves and tools provided. Meet at Southeast 31st Avenue and Market Street. For more information, call Megan at 503-423-7549. *Northwest Coalition for Alternatives to Pesticides*

Tot walks at Lake Oswego parks

11 a.m. to noon Tuesdays, June 10, 17 and 24
Meet other parents and kids to explore parks in Lake Oswego and learn about the wildlife. Classes run rain or shine. Suitable for ages 1 and 1/2-6. Parent/adult participation required. Infants welcome to join older siblings at no charge. \$5 per child for residents; \$6 for non-residents. For more information, call Melody at 503-675-2549. *Lake Oswego Parks and Recreation*



Kent Derek photo


Pioneer cemeteries

Stone cleaning workshops at Lone Fir Cemetery

10 a.m. to noon Saturdays, June 7 and July 12

Learn the proper methodology for cleaning and caring for headstones to ensure their safety and longevity, as well as something about headstone symbology and monument art. Headstones are vulnerable to many dangers; learn how to not be one. Meet at Southeast 21st Avenue and Morrison Street. Suitable for all ages. Advance registration

not required. For more information, call 503-775-6278.

Friends of Lone Fir Cemetery  by arrangement

Lone Fir rose tour

1 to 3 p.m. Sunday, June 8
Lone Fir Cemetery has close ties to the Rose Festival and its beginnings, as well as a prize-winning rose garden of its own. Come learn about how it came to be and learn the unique role Lone Fir plays in the mythical realm of Rosaria. Meet at Southeast 21st Avenue and Morrison

Street. Advance registration not required. For more information, call 503-775-6278.


Friends of Lone Fir Cemetery



Monument repair workshop at Lone Fir


10 a.m. to noon Saturday, June 14

Learn simple techniques for resetting broken and shattered stones, which materials to use and other techniques. Work party to follow, noon to 2 p.m. Meet at Southeast 21st Avenue and Morrison Street. Advance registration not required. For more information, call 503-775-6278.


Friends of Lone Fir Cemetery  by arrangement

Lone Fir historical tour

10 a.m. to noon Saturday, July 12
Enjoy the beauty and tranquility of Metro's Lone Fir Pioneer Cemetery. The tour highlights Portland's founders, early pioneers and nationally renowned figures as well as some beautiful and unusual

monument art. Explore 30 acres of mature trees and a very special rose garden. Suitable for all ages. Enter at Southeast 21st Avenue and Morrison Street. Advance registration not required. Suggested donation, \$10. For more information, call 503-775-6278. *Friends of Lone Fir Cemetery*  by arrangement

Midsummer night at Lone Fir

5 to 8 p.m. Saturday, July 19
Watch Portland history come to life as you relax on a blanket, enjoying live music and performances that tell the stories of some of the more interesting individuals buried at Lone Fir Pioneer Cemetery. Bring a picnic and lawn chairs. Suitable for all ages. Enter at Southeast 26th Avenue and Stark Street. Advance registration not required. Suggested donation: \$10 per person or \$15 per family or group. For more information, call 503-224-9200. *Friends of Lone Fir Cemetery* 

Terwilliger restoration work parties

9 a.m. to noon Saturdays, June 14 and July 12

Join Friends of Terwilliger and the West Willamette Restoration Project for a morning of urban forest renewal. Meet at the corner of Terwilliger Boulevard and Southwest Hamilton Street. Volunteers must be able to work on uneven terrain. For more information, call Melanie at 503-699-9825. *Three Rivers Land Conservancy*

Painted turtle walks

1 to 2:30 p.m. Saturdays, June 14 and July 12

Oregon's turtles are rare, shy and hard to find, but Smith and Bybee Wetlands Natural Area is home to one of the largest populations of Western painted turtles in the Northwest. See these beautiful reptiles with the help of Metro naturalist James Davis, who will have small telescopes for a close look. Learn about the natural history of painted turtles and why they are so rare. Suitable for adults and children 5 and older. Meet in the parking area on North Marine Drive. Free. Advance registration required; call 503-797-1850 option 4.

Metro 

Cycle the well field

9 a.m. to 1:30 p.m. Saturday, June 14

Join the Columbia Slough Watershed Council and the Portland Water Bureau for a 16-mile bicycle tour through the groundwater protection area and discover the mysteries of groundwater. Bring your bike, helmet, water and snacks. Suitable for ages 12 and older. Free. Advance registration required; call Katie at 503-281-1132. *Columbia Slough Watershed Council, Portland Water Bureau*

Birding at Steigerwald Lake National Wildlife Refuge

9 a.m. to noon Saturday, June 14

Join the refuge manager and a volunteer birding expert on this easy hike along the Columbia River at Steigerwald Lake National Wildlife Refuge east of

Washougal. Learn how the refuge is managed and about plans for a future kiosk and interpretive trail. For more information, call Jim at 360-835-8767. *U.S. Fish and Wildlife Service*

Hallinan Natural Area holly haul away

10 a.m. to noon Saturday, June 14

Help clear out English holly by hauling away the already-cut holly and laurel debris at Hallinan Natural Area. Equipment and snacks provided. To register, call Alia Johnson at 503-534-5742. *Lake Oswego Parks and Recreation*

Tualatin Hills Nature Park work days

9 a.m. to 1 p.m. Saturday and Sunday, June 14 and 15

Help remove invasive plants from the Tualatin Hills Nature Park. Bring heavy-duty work gloves and a water bottle, if possible. Refreshments provided. To register, call Melissa at 503-629-6305 ext. 2953. *Tualatin Hills Park and Recreation District*

Tualatin River National Wildlife

Refuge work days

9 a.m. to noon Saturdays, June 14, July 12 and Aug. 9

Help with restoration work on the Tualatin River National Wildlife Refuge by maintaining new trees with mulching, trimming competing growth, staking and replacing tree tubes and other projects. For more information, call 503-625-5944 ext. 227. *Friends of the Refuge*


Nature awareness

1 to 3 p.m. Saturday, June 14

Learn awareness techniques that will help you identify wildlife and enrich your experiences in nature. Join Tualatin Riverkeepers volunteers for a nature walk and learn about the wildlife that exist at the Tigard Public Library Wetlands and along the adjacent Fanno Creek Trail. Suitable for all ages. Free. For more information, visit www.tigard-or.gov/library. *Tualatin Riverkeepers and Tigard Public Library*

Twilight Tuesdays

7 to 9:30 p.m. Tuesdays, June 17, July 1, 15 and 29 and Aug. 19

This relaxing walk at Smith and Bybee Wetlands Natural Area takes advantage of long summer days and gives you a chance to unwind after work. Dusk is one of the best times to see wildlife, especially during the summer. It is about the only time you can see most mammals such as beaver, muskrat, otter, raccoon, deer and bats. Metro naturalist James Davis teaches the basic techniques of wildlife watching and identification. Bring your binoculars or borrow a pair of ours. Suitable for adults and children age 10 and older; participants must be able to be quiet, sneaky and patient. Registration and payment of \$10 per adult are required in advance; call 503-797-1850 option 4. Metro 



C. Bruce Forster photo

Summer bird watching at Smith and Bybee Wetlands

9 to 11:30 a.m. Saturdays, June 14 and July 12

Join James Davis and other Metro naturalists for some great birding as the nesting season winds down at Smith and Bybee Wetlands Natural Area. See young birds that have left the nest and family activities such as feeding and flocking. Learn to identify the most common birds by their songs as well as their appearance. Suitable for adults and children 10 and older. Bring your binoculars or borrow a pair of ours. Meet in the parking area on North Marine Drive. Free. Advance registration required; call 503-797-1850 option 4.

Metro 

Summer solstice event

7 to 9 p.m. Friday, June 20

Visit Tryon Creek State Natural Area to celebrate the longest day of the year: storytelling from 7 to 8 p.m. in the Jackson Shelter, followed by a night hike to learn how and why the seasons change as they do. Suitable for all ages. Free. For more information, call 503-636-9886 ext. 225. *Tryon Creek State Natural Area*

Morning bird walks at Tualatin Hills

Nature Park

7 to 9 a.m. Fridays, June 20 through Aug. 22

Bring your binoculars and join park ranger Kelly Perry for a low-key stroll that will help you build your birding skills, teaching you how to identify the most common summer resident birds. Free. For more information, call 503-629-6350. *Tualatin Hills Park and Recreation District*

Explorando el Columbia Slough

1 to 5 p.m. Saturday, June 21

Enjoy a bilingual environmental family festival, celebrating the nature and history of the Columbia Slough. All events and activities are offered in both Spanish and English. Highlights include guided canoe trips, live music, bird watching, environmental displays and games,

refreshments and more. Free. For more information, call Katie at 503-281-1132. *Columbia Slough Watershed Council* ♿

Compost class and work party

9 to 11:30 a.m. Saturday, June 21

Join Portland Community Gardens and Master Recyclers to learn how to turn kitchen scraps and yard debris into a healthy soil amendment teeming with life at the Fulton Community Garden compost demonstration site. To register, call 503-823-1612. *Portland Community Gardens and Master Recyclers* ♿ by arrangement

Summer solstice paddle at Smith and Bybee Wetlands

noon to 4 p.m. Saturday, June 21

Bring your own kayak or canoe and personal flotation device. The new water control structure is helping to restore the natural area to a seasonal wetland; the changes are great for wildlife, but they make paddle conditions difficult to predict. The trip leader will contact participants if it is necessary to cancel the trip due to low water levels. Free. Advance registration required; call Dale at 503-285-3084. *Friends of Smith and Bybee Lakes*

Sandy River Gorge work days

9 a.m. to 4 p.m. Saturday, June 21 and July 19

Just 20 miles east of Portland, this preserve hosts pristine habitats, including an old-growth forest, and provides a home to native salmon, elk, river otter and other wildlife. Help maintain trails, roads and culverts and remove invasives. For more information, call Susan at 503-802-8100. *The Nature Conservancy*

19th annual Tualatin River Discovery Day

8 a.m. to 4 p.m. Saturday, June 28

Join the Riverkeepers biggest paddle trip of the year, with more than 200 expected to participate. Enjoy five miles of

Sunday Parkways

8 a.m. to 2 p.m. Sunday, June 22

Celebrate America's most walk- and bike-friendly city. All are invited to walk, bike, skateboard and run on six miles of traffic-free North Portland streets, connecting four beautiful parks – Arbor Lodge, Peninsula, Unthank and Overlook. Enjoy music, food and activities like hula hooping, yoga, kids' circus and more. Free. For more information, visit www.GettingAroundPortland.org. *City of Portland Office of Transportation and Portland Parks and Recreation* ♿

river through rural Scholls in Washington County, beginning at Eagle Landing and ending at Metro's Munger property. \$5 for members; \$10 for nonmembers, who may rent a canoe for \$45. Advance registration required; call 503-620-7507. *Tualatin Riverkeepers*

Winter vegetable gardening classes

9 to 11:30 a.m. Saturdays, June 28 and July 12

Winter gardening means summer planting. Join Portland Community Gardens for a free winter gardening class and learn what you can plant now to be eating through the fall, winter and early spring. To register, call 503-823-1612. *Portland Community Gardens* ♿

Marquam Nature Park work parties

9 a.m. to noon Saturdays, June 28 and July 26

Join Friends of Marquam Nature Park and the West Willamette Restoration Partnership for a morning of urban forest renewal. Meet at Council Crest Park. Volunteers must be able to work on uneven terrain. For more information, call Melanie at 503-699-9825. *Three Rivers Land Conservancy*

Wednesday evening hikes

7 to 8:30 p.m. Wednesdays in July and August

Join a park naturalist for a guided hike through the Tryon Creek State Natural Area night forest, exploring the park from

canopy to forest floor. All ages welcome. Free. Advance registration is not required for groups smaller than 10 people. For more information, call 503-636-4398. *Tryon Creek State Natural Area*

Friends of Trees coordinator training

9 a.m. to 1 p.m. Saturday, July 12

Learn how to organize tree plantings in your neighborhood for next year's planting season. Advance registration required; call Kathryn at 503-282-8846 ext. 12. For more information, visit www.friendsoftrees.org. *Friends of Trees*

Bat chat night hike

8 to 9:30 Saturday, July 12

Enjoy a night hike led by a park ranger to experience the bats of Tryon Creek State Natural Area up close and personal, learning about the amazing adaptations that allow bats to survive and listening to echo-locating bats with the Bat Detector. Suitable for all ages; parents must accompany kids. Free. For more information, call 503-636-9886 ext. 225. *Tryon Creek State Natural Area*

Bull Run watershed tours

8:30 a.m. to 4:30 p.m. Saturdays, July 12 and Aug. 23 and Friday, Aug. 8

Don't miss this opportunity to see Portland's tap water at its source. Learn about the protected resources that provide Portland with uniquely high quality drinking water. \$10. Advance

registration required; call Jody at 503-823-7437. *Portland Water Bureau* ♿ by arrangement

Plant evolution walk

10 a.m. to 2 p.m. Saturday, July 12

Learn about the evolution of land plants including mosses, ferns and gymnosperms and then explore a local forest through a botanist's eye, learning how to identify non-flowering plants. \$35. To register, visit www.trackersnw.com. *TrackersNW*

Swan Island greenway cleanup and beach party

9 a.m. to 1 p.m. Saturday, July 12

Help gather trash and debris on Swan Island beaches, enjoy the newly landscaped Swan Island segment of the North Portland Willamette Greenway, tour the Swan Island Pump Station and maybe watch a barge launch or catch sight of a bald eagle. For more information, call Lenny at 503-745-6563. *npGREENWAY*



Mid-summer paddle at Smith and Bybee Wetlands

9 a.m. to 1 p.m. Sunday, July 13

Bring your own kayak or canoe and personal flotation device. The new water control structure is helping to restore the natural area to a seasonal wetland; the changes are great for wildlife, but they make paddle conditions difficult to predict. The trip leader will contact participants if it is necessary to cancel the trip due to low water levels. Free. Advance registration required; call Troy at 503-249-0482. *Friends of Smith and Bybee Lakes*

Tualatin River paddle

9 a.m. to noon Saturday, July 19

Explore the Tualatin River from Rivergrove Park in Lake Oswego with the Riverkeepers as your guide. \$5 for members; \$10 for nonmembers, who may rent a canoe for \$30. Advance registration required; call 503-620-7507. *Tualatin Riverkeepers*

Tualatin Hills Nature Park work days

9 a.m. to 1 p.m. Saturday and Sunday, July 19 and 20
Revisit a winter planting site and cut back invasive plant encroachment. Bring heavy-duty work gloves and a water bottle, if possible. Refreshments provided. To register, call Melissa at 503-629-6305 ext. 2953. *Tualatin Hills Park and Recreation District*

Night owl programs at Tualatin Hills

Nature Park
7:30 to 8:30 p.m. Saturday and Sunday, July 26 and 27
Join the rangers for a program about our feathered friends of the night. Discover some of the characteristics that make owls successful at hunting late into the night and learn how to identify different species by their vocalizations. Free. To register, call 503-629-6350. *Tualatin Hills Park and Recreation District* 

Marshmallows, meringue and s'mores from wild plants

1 to 5 p.m. Sunday, July 27
Learn how to find, gather and process wild plants to prepare luxurious meringues, marshmallows and s'mores. Anyone with a sweet tooth will love this wild adventure. \$25. Advance registration required; call 503-775-3828. *Wild Food Adventures*

Columbia Slough Regatta

9 a.m. to 1 p.m. Sunday, July 27
Join the largest one-day paddling event in Oregon. Bring your own watercraft or make a reservation for a free canoe or kayak rental. You'll also enjoy educational booths, t-shirts, snacks and beverages. Free. Advance registration required, call Katie at 503-281-1132. *Columbia Slough Watershed Council*

Touring kayak beginning lesson


9:30 a.m. to 12:30 p.m. Saturday, July 28
Learn how to kayak in stable and comfortable touring kayaks with large cockpits. Use your new learned skills to paddle the lazy

Tualatin River from Tualatin Community Park and see its hidden birdlife. Kayak gear and guide included. \$39. For more information, visit www.nwdiscoveries.com; to register, call Ken at 503-524-9192. *Northwest Discoveries*

Flowering plant morphology walk

10 a.m. to 2 p.m. Saturday, Aug. 2
Explore plant identification strategies by focusing on plant morphology to learn to recognize a few of the native families of plants, and many native species of plants. \$35. To register, visit www.trackersnw.com. *TrackersNW*

Summer day at the ponds

9 to 11:30 a.m. Friday, Aug. 8
Join the Columbia Slough Watershed Council and the slough school education program for a field trip. Enjoy a nature hike, search for aquatic animals and complete a nature-themed craft. Bring water and a snack. Suitable for ages 7-11. \$8 per child suggested donation. Advance registration required, call Rachel at 503-281-1132. *Columbia Slough Watershed Council* 

Tualatin Hills Nature Park work days

9 a.m. to 1 p.m. Saturday and Sunday, Aug. 9 and 10
Help deadhead tansy and teasel along Tadpole Ponds. Bring heavy-duty work gloves and a water bottle, if possible. Refreshments provided. To register, call Melissa at 503-629-6305 ext. 2953. *Tualatin Hills Park and Recreation District*

Wapato Island wild food expedition

1 to 4 p.m. Sunday, Aug. 10
Explore edible plants of the place Native Americans called Wapato Island, today known as Sauvie Island. Investigate wild foods from marshes, fields and woods, including wapato, or Indian potato, wild cherry and more. \$22. Advance registration required; call 503-775-3828. *Wild Food Adventures*

Subs on the slough

11:30 a.m. to 1 p.m. Friday, Aug. 15
Join the Portland Water Bureau and Columbia Slough Watershed Council at a hidden gem of a canoe launch along the Columbia Slough. This is a chance to meet your neighbors, have a great lunch and learn about our local groundwater resource and the slough's groundwater protection program. Lunch provided. Free. Advance registration required; call Katie at 503-281-1132. *Columbia Slough Watershed Council and Portland Water Bureau*

Late summer paddle at Smith and Bybee Wetlands Natural Area

noon to 4 p.m. Saturday, Aug. 16
Bring your own kayak or canoe and personal flotation device. The new water control structure is helping to restore the natural area to a seasonal wetland; the changes are great for wildlife, but they make paddle conditions difficult to predict. The trip leader

will contact participants if it is necessary to cancel the trip due to low water levels. Free. Advance registration required; call Dale at 503-285-3084. *Friends of Smith and Bybee Lakes*

Mid-summer's night paddle trip

5 to 8 p.m. Saturday, Aug. 16
Explore the Tualatin River from Tualatin Community Park with the Riverkeepers as your guide. \$5 for members; \$10 for non-members, who may rent a canoe for \$30. Advance registration required; call 503-620-7507. *Tualatin Riverkeepers*

Night senses hike at Tryon Creek


8 to 9:30 p.m. Saturday, Aug. 23
Join a park ranger to learn how nocturnal animals have adapted their senses and explore how your senses work both during the day and at night. All ages welcome; parents must accompany kids. Free. To register, call 503-636-9886 ext. 225. *Tryon Creek State Natural Area*

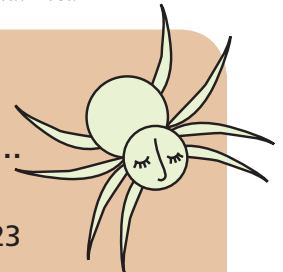
Bug Fest

Because six legs aren't enough... Spiders!

noon to 4 p.m. Saturday, Aug. 23

What could possibly be a better theme for the eighth annual Bug Fest, in the eighth month of 2008?

Come to Tualatin Hills Nature Park to explore the world of the arachnids – spiders, scorpions, mites, ticks and harvestmen (daddy longlegs). Celebrate the many spineless creatures both big and small that keep the environment healthy and in balance. All those tiny critters – such as beetles, butterflies, ants, slugs and spiders – help recycle fallen trees, pollinate flowers, and are food for other animals. Games, displays, crafts, live bugs and guided activities await the whole family. Professor Greta Binford of Lewis and Clark, the “spider lady,” will be on hand to answer questions and dispel the many myths surrounding spiders and their kin. You can even bring a bug to be identified by an expert. Admission to the festival is \$1.50 per person. For more information, call 503-629-6350. *Tualatin Hills Park and Recreation District and Metro* 



Clean air and clean water do not stop at city limits or county lines. Neither does the need for jobs, a thriving economy and good transportation choices for people and businesses in our region. Voters have asked Metro to help with the challenges that cross those lines and affect the 25 cities and three counties in the Portland metropolitan area.

A regional approach simply makes sense when it comes to protecting open space, caring for parks, planning for the best use of land, managing garbage disposal and increasing recycling. Metro oversees world-class facilities such as the Oregon Zoo, which contributes to conservation and education, and the Oregon Convention Center, which benefits the region's economy.

Metro's web site
www.oregonmetro.gov



Metro Council
From left: Carl Hosticka, district 3; Rod Park, district 1; Kathryn Harrington, district 4; David Bragdon, Council President; Carlotta Collette, district 2; Robert Liberty, district 6; Rex Burkholder, district 5

Auditor
Suzanne Flynn

On the cover
Oregon sunshine wildflowers (photo by C. Bruce Forster) and water spray ground at Blue Lake (photo by Jerome Hart)

Illustrations by
Kathy Deal and Eben Dickinson

If you have a disability and need accommodations, call 503-797-1850, or call Metro's TDD line at 503-797-1804. If you require a sign interpreter, call at least 48 hours in advance. Activities marked with this symbol are wheelchair accessible: ♿

Bus and MAX information:
503-238-RIDE (7433).

To be added to the GreenScene mailing list or to make any changes, call 503-797-1850 option 4.

You're invited

There are so many great things to do in the Portland metropolitan area that they won't all fit on these pages. Check out Metro's online calendar for hundreds of nature activities, volunteer ventures, tours, pedals, walks, workshops, seminars and public meetings.

Places to go

Metro's parks offer wildlife watching, hiking, boating, camping, fishing and more. Visit www.oregonmetro.gov/parks or call 503-797-1850 to get directions and park information, reserve a picnic shelter or plan a field trip.

Sustainable living

Make the region greener at home, in your garden and on the road. Visit www.oregonmetro.gov/sustainableliving for guides to biking, walking, reducing waste, cleaning green and gardening with nature.

Getting rid of stuff

Discover everything you need to know about recycling, composting and disposing of garbage and hazardous waste on Metro's web site. Find your hauler, become a recycling star and help keep your neighborhood clean. Call Metro Recycling Information at 503-234-3000.

Volunteer

As a Metro volunteer, you will be directly involved in improving and protecting the region's great places for people and wildlife now and in the future. Find volunteer stories and opportunities at www.oregonmetro.gov/volunteer.

Participate

Help shape the future of the region by contributing your ideas on land, transportation, recycling, parks, trails and how we grow. Visit www.oregonmetro.gov/participate for public comment opportunities, meeting schedules and more.

Featured places

Blue Lake Regional Park
20500 NE Marine Drive, Fairview
503-665-4995

Oxbow Regional Park
3010 SE Oxbow Parkway, east of Gresham
503-663-4708

Smith and Bybee Wetlands Natural Area
5300 N. Marine Drive, Portland
503-797-1850

Metro's natural techniques garden
6700 SE 57th Ave., Portland
503-234-3000

Oregon Zoo
4001 SW Canyon Road, Portland
www.oregonzoo.org



Grab your sleeping bags, throw a tent in your trunk and head out to Oxbow Regional Park for a night under the stars. Camping fee is \$15 per night and all sites are available on a first come, first served basis. Restrooms offer hot and cold running water, coin-operated showers and flush toilets.

www.oregonmetro.gov

Visit Metro's new web site for nature guides, garden tips, recycling information, biking and walking maps, sustainable living tools, volunteer opportunities and more.



Metro

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