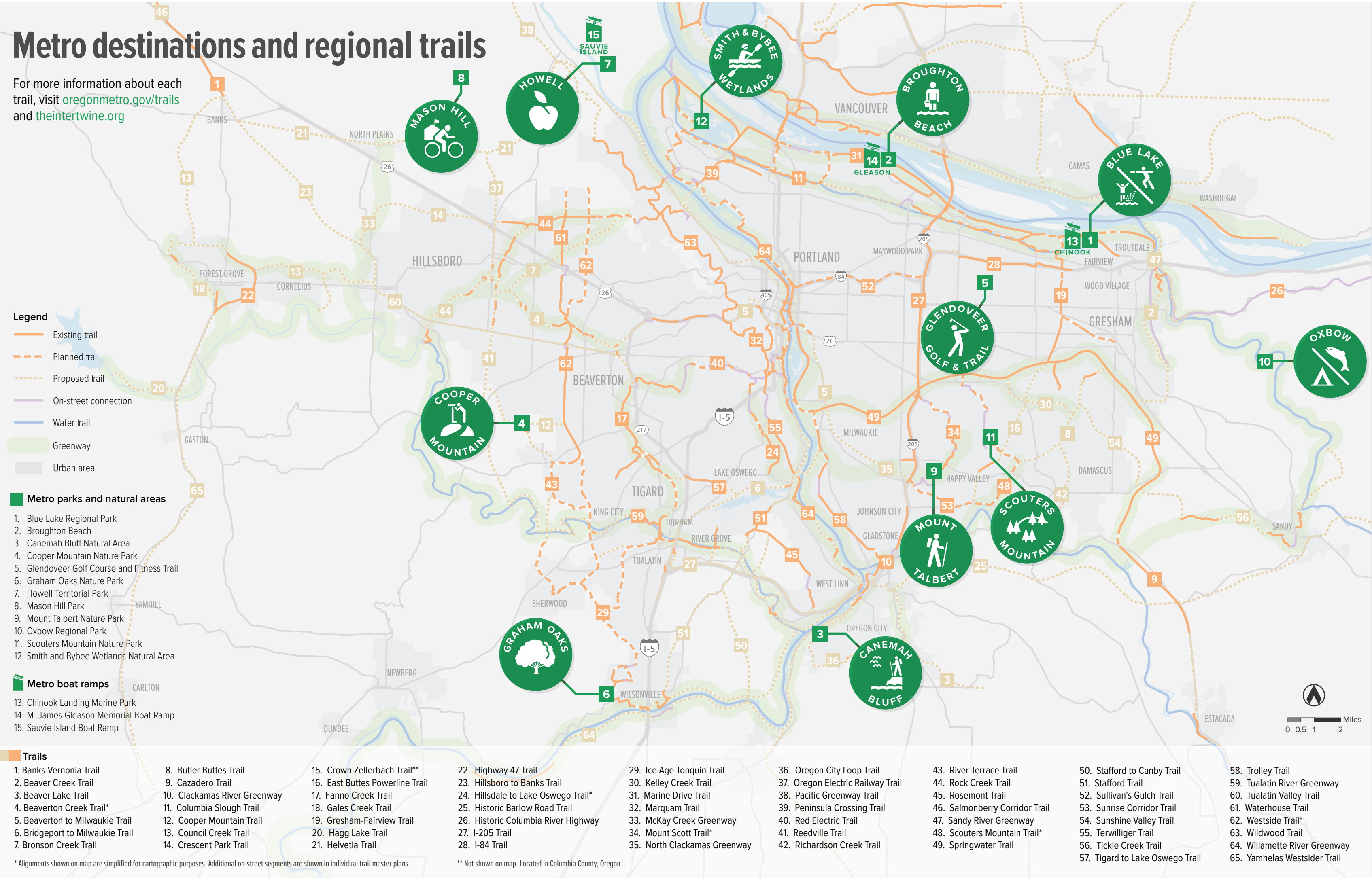


Metro Destination Guide

Whether you're in the mood for a short hike or a weekend camping trip, a boat ride or a picnic...

Metro has a destination for you.



Buy an annual parks pass and save!

For one year after you buy it, your Metro parks pass covers your vehicle fee at Oxbow and Blue Lake regional parks, Broughton Beach, Chinook Landing Marine Park and M. James Gleason Memorial Boat Ramp.

**Regular passes: \$40**  
Discount passes are available.

**For details or to purchase online:**  
[oregonmetro.gov/parkspass](https://oregonmetro.gov/parkspass)

**In person:** Blue Lake and Oxbow park offices or at Metro Regional Center, 600 NE Grand Ave., Portland

**Over the phone:** 503-665-4995 option 0

Boat Ramps | [oregonmetro.gov/boats](https://oregonmetro.gov/boats)



13

CHINOOK LANDING MARINE PARK

VISIT: 22300 NE Marine Drive, Fairview

With six launching lanes on the Columbia River, Chinook Landing is one of Oregon's largest public boating facilities. The park offers picnic and viewing areas, wetland and wildlife habitat, disabled-accessible docks, an archery range, restrooms and a seasonal river patrol station.



14

M. JAMES GLEASON MEMORIAL BOAT RAMP

VISIT: NE 43rd Avenue & NE Marine Drive, Portland

Minutes from downtown Portland, the Gleason boat ramp provides a convenient public launch on the Columbia River. Recently upgraded amenities include extra launch lanes, boarding docks, restrooms, single-car parking, river maps and a river patrol office.



15

SAUVIE ISLAND BOAT RAMP

VISIT: Burlington Ferry & Sauvie Island roads, Portland

Enjoy the quiet waters and wildlife of the Multnomah Channel. Recent improvements include a new launch ramp, parking lot, accessible restrooms, lighting and native landscaping.



Key

 RESTROOMS

 PICNIC FACILITIES

 TRAILS

 CLASSES EVENTS VOLUNTEER

 PLAYGROUND

 CAMPING

 WHEELCHAIR ACCESSIBLE

 COST

\$5/car, \$7/bus  
(free with annual pass)



1

**BLUE LAKE REGIONAL PARK**  
[oregonmetro.gov/bluelake](https://oregonmetro.gov/bluelake)  
VISIT: 20500 NE Marine Drive, Fairview

Whether you're looking for serious exercise or a lazy day on the water, a kid-friendly romp or a grownup picnic, you'll find it at Blue Lake Regional Park. Rent a paddle boat or canoe, cast a line or go for a swim in the park's namesake, a natural lake fed by underground springs. You can also explore a nature-themed playground, a 'sprayground,' a discovery garden, sports facilities and a wetland with a viewing platform and trail. Don't miss the disc golf course!



2

**BROUGHTON BEACH**  
[oregonmetro.gov/broughton](https://oregonmetro.gov/broughton)  
VISIT: 4356 NE Marine Drive, Portland

Head to one of Portland's best urban beaches. Across from Portland International Airport, Broughton Beach provides a clean, safe, sandy place to play along the Columbia River. You can enjoy walking, beachcombing, picnicking and more. On a clear day, you have a great view of Mount Hood – bring your camera.



3

**CANEMAH BLUFF NATURAL AREA**  
[oregonmetro.gov/canemah](https://oregonmetro.gov/canemah)  
VISIT: 815 Fourth Ave., Oregon City

Canemah Bluff Natural Area is a perfect place to gaze at the Willamette River below, marvel at oak trees overhead, photograph colorful spring wildflowers and learn about this historic area in Oregon City. Start your journey at Canemah Neighborhood Children's Park, where you'll find picnic tables, a playground, a basketball court and restrooms. Continue into the natural area, following more than a mile of unpaved trails through a mosaic of habitats. Birders can spot chipping sparrows, red-breasted sapsuckers, white-breasted nuthatches, orange-crowned warblers, hawks and eagles.



4

**COOPER MTN. NATURE PARK**  
[oregonmetro.gov/coopermountain](https://oregonmetro.gov/coopermountain)  
VISIT: 18892 SW Kemmer Road, Beaverton

Hike, jog, watch wildlife or simply enjoy views of the Chehalem Mountains and Tualatin Valley at Cooper Mountain Nature Park, just south of Beaverton. More than three miles of trails pass through forests, prairies and oak woodlands. If you are quiet and lucky, you might catch a glimpse of rare animals such as Northern red-legged frogs and Western gray squirrels. Young visitors can explore a nature-inspired playground, and adventurers with wheelchairs can enjoy a three-fourths-mile loop trail.



5

**GLENDOVEER GOLF COURSE & FITNESS TRAIL**  
[oregonmetro.gov/glendoveer](https://oregonmetro.gov/glendoveer)  
VISIT: 14015 NE Glisan St., Portland  
TEE TIME: [playglendoveer.com](https://playglendoveer.com) or 503-253-7507

In the mood for golf, tennis, jogging or a stroll? Make a beeline for Glendoveer Golf Course and Fitness Trail – a hub of sports and community in outer Northeast Portland. Beginners often start with the relatively flat, par-71 west course; experienced players take on hills and bunkers at the par-73 east course. A covered driving range is heated during colder months. Reserve one of four indoor tennis courts, sign up for lessons – or enjoy the two-mile fitness trail. Whichever sport you choose, refuel at the RingSide Grill.



6

**GRAHAM OAKS NATURE PARK**  
[oregonmetro.gov/grahamoaks](https://oregonmetro.gov/grahamoaks)  
VISIT: 11825 SW Wilsonville Road, Wilsonville

Ride your bike through a restored oak woodland, stroll through a conifer forest and spot birds from a wetland overlook at Graham Oaks Nature Park in Wilsonville, where three miles of trails let you choose your adventure. Watch for native wildlife such as white-breasted nuthatches, Western bluebirds, orange-crowned warblers and Western gray squirrels. Five plazas make ideal spots to rest, reflect and learn about Graham Oaks' history, from Kalapuya tribes who gathered food to the family that farmed the land. Explore beyond the park on the regional Ice Age Tonquin Trail.



7

**HOWELL TERRITORIAL PARK**  
[oregonmetro.gov/howell](https://oregonmetro.gov/howell)  
VISIT: 13901 NW Howell Park Road, Portland

Visit a piece of Oregon's past, nestled among farms on Sauvie Island. The region's natural and cultural history come together in one serene setting at Howell Territorial Park. Bring a picnic to enjoy under the shelter, bring binoculars to watch for birds that flock to the park's wetlands, or bring a basket to pick apples from the pioneer orchard. Learn about Sauvie Island and the families who shaped it, and relax in the shade of an authentically restored 1850s farmhouse. Howell also provides a beautiful setting for weddings.



8

**MASON HILL PARK**  
[oregonmetro.gov/masonhill](https://oregonmetro.gov/masonhill)  
VISIT: NW Johnson Road at intersection with Munson Road, Portland

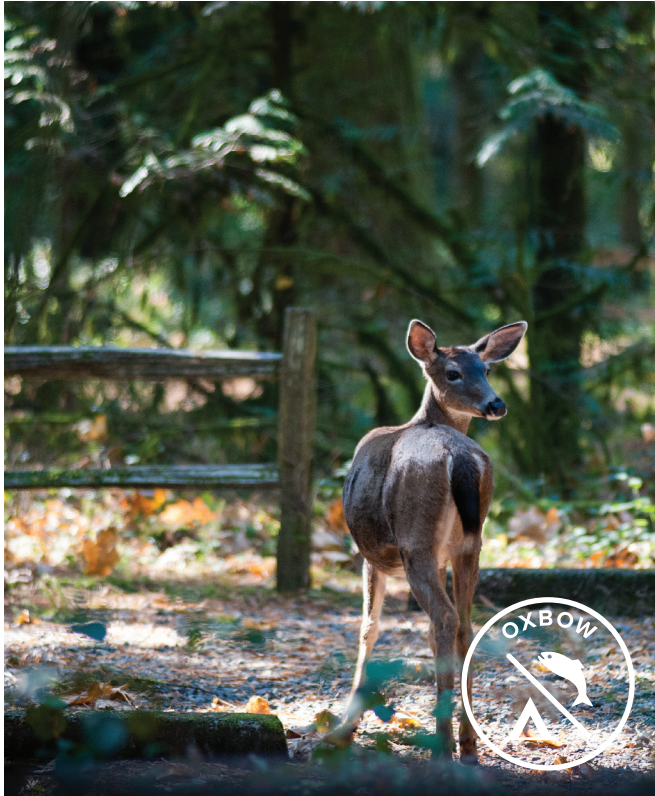
Mason Hill Park provides a scenic wayside for cyclists exploring the rolling hills beyond Forest Park in western Multnomah County. Home to a one-room schoolhouse from 1891 to 1944, the park still feels light years removed from modern life. Lollygag in the shade, take in spectacular views of the Tualatin Valley and eat a picnic lunch under the shelter, which has the original school bell mounted on top. If you come by car, be prepared to park in a narrow roadside spot.



9

**MOUNT TALBERT NATURE PARK**  
[oregonmetro.gov/mounttalbert](https://oregonmetro.gov/mounttalbert)  
VISIT: 10695 SE Mather Road, Clackamas

A forested oasis towers above busy roads, shopping centers and neighborhoods in Clackamas. Slip into Mount Talbert Nature Park to explore the four-mile trail network, check out the views and enjoy a picnic. Keep your eye out for deer, Western gray squirrels, pileated and hairy woodpeckers, white-breasted nuthatches and Western tanagers. Mount Talbert is the largest in a string of extinct volcanoes and lava domes that stretch across the east side of the region.



10

**OXBOW REGIONAL PARK**  
[oregonmetro.gov/oxbow](https://oregonmetro.gov/oxbow)  
VISIT: 3010 SE Oxbow Parkway, Gresham

Oxbow Regional Park provides a perfect launch point for swimming, kayaking, rafting or fishing in the majestic Sandy River Gorge. When you've had enough water, explore 15 miles of trails through Oxbow's ancient forests. Reserve a camping spot for the night, and gather around the fire for summertime nature activities and music. You might bump into mink, beavers, raccoons, fox, deer, osprey, songbirds, elk, black bears or cougars. Every fall, nature puts on one of its greatest shows: salmon return to their spawning grounds to lay their last eggs, before dying in the waters where they were born.



11

**SCOUTERS MTN. NATURE PARK**  
[oregonmetro.gov/scoutersmountain](https://oregonmetro.gov/scoutersmountain)  
VISIT: SE 147th Avenue & SE Boy Scout Lodge roads, Happy Valley

Rising above Happy Valley, Scouters Mountain Nature Park offers a lovely vantage point to admire Mount Hood – and slip into a shady forest. Climb the steep, fir-lined road to the parking lot. From there, you can walk a loop trail or enjoy lunch under a handsome picnic shelter. If you ever visited the Boy Scouts lodge that used to stand here, you might recognize salvaged pieces. Although the land is now a public park, its spirit of adventure remains.



12

**SMITH AND BYBEE WETLANDS NATURAL AREA**  
[oregonmetro.gov/smithandbybee](https://oregonmetro.gov/smithandbybee)  
VISIT: 5300 N. Marine Drive, Portland

Surrounded by warehouses and port terminals in North Portland, Smith and Bybee Wetlands Natural Area is one of the region's best-kept secrets. Take the Interlakes Trail or go by canoe or kayak to explore one of America's largest urban wetlands. Either way, you might find beavers, river otters, black-tailed deer, osprey, bald eagles and Western painted turtles. You'll also find a water control structure that is restoring this network of sloughs, wetlands and forests.

